FREDERICK COUNTY HOMEMAKERS’ CREED

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Ray H. Smith, Jug Bridge Homemakers Club
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SUGGESTED ORDER OF BUSINESS

CALL TO ORDER
OPENING (Creed) (Pledge)
LESSON OR SPECIAL PROGRAM
BUSINESS MEETING
Roll Call – Introduction of Guests
Minutes
Treasurer’s Report
Committee Reports
Project Feature
Director’s Report
Old Business
New Business
RECREATION

GOOD MEETINGS:
- Are planned
- Keep to business at hand
- Are orderly

GOALS FOR THE HOMEMAKER

1. To pool your judgment and experience for the progressive improvement of the home and community.

2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.

3. To be conscious of your image and strive to improve it.

4. To become involved in membership building.

CLUB GOALS

__________________________________________________

PROGRAM OF
FREDERICK COUNTY HOMEMAKERS’ CLUBS

NAME ________________________________

CLUB ________________________________

PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the ACWW. Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers’ Clubs marked: “PENNIES FOR FRIENDSHIP” and mail to the County Treasurer at the same time as dues are paid.
Letters from the Presidents

I want to thank everyone for being very supportive during my presidency these past two years! I feel that your help, strength, patience and ingenuity have made a difference in Frederick County.

We have accomplished a lot in the past year. Our annual meeting was a great success with our beautiful bridal outfits. The September meeting was very enjoyable and as we met with Carolyn Kennedy and Nicole Amusin and learned new facts about kidneys. The Great Frederick Fair demonstrations went very well and the public got to see who we are and what we represent.

The lessons for the year were great: Bees and Honey, Treat the Troops-Operation Shoebox, Therapy Dogs, Alzheimer’s, Crafts-Tiles, and German Cooking.

I have enjoyed being president and have always enjoyed being a homemaker. Thank you for your part in making Frederick County Homemakers Knowledgeable, community enriching and fun.

Michelle Glove, Past President

I am looking forward to the next two years as being president and working with all of our county homemakers. I hope that the programs we have planned for the next year will be informative and interesting.

I thank all those who have participated in all our programs that help others and I hope that you will continue to support them. We have added another helping hand and that is making helmet hats for our soldiers serving overseas. Reports from the service people tell us that the helmet hats protect their heads in many ways and are greatly appreciated. There are other items needed and they are listed in our book.

If you need any help call me or e-mail me.

Elzine Childs, President

LOCAL CLUB OFFICERS & COMMITTEES

President ________________________________

Vice President ______________________________

Secretary ________________________________

Treasurer ________________________________

Parliamentarian ________________________________

Historian ________________________________

Director ________________________________

Annual Meeting 2008 ________________________________

Crafts ________________

Education:
Community Projects ________________________________

Environment/Program ________________________________

Family/Program ________________________________

Global/Program ________________________________

Frederick Fair ________________________________

Holiday Activity ________________________________

Membership ________________________________

Public Relations/News Column ________________________________
COUNTY OFFICERS  2009

PRESIDENT
Elaine Childs 301-834-8247
3508 Petersville Road Gambrill Park
Rosemont, MD 21758 childsel@msn.com

PRESIDENT-ELECT
Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

VICE PRESIDENT / PROGRAM BOOK
Michelle Close 301-695-0108
8320 Ball Road Urbana
Frederick, MD 21704 primrozez@comcast.net

PAST PRESIDENT
June Haupt 301-790-0487
21523 National Pike Mid-Valley
Boonsboro, MD 21713 jphaupt@juno.com

SECRETARY
Joyce Gregory 301-416-7782
147 Buttercup Drive Mid-Valley
Hagerstown, MD 21740 jelaineg70@hotmail.com

TREASURER
Kathryn Nicodemus 301-845-6622
Box 335 Walkersville
Walkersville, MD 21793 nicsnest52@yahoo.com

COUNTY COMMITTEES  2009

HISTORIAN
Jane Smith 301-473-8259
4645 Broad Run Road Jefferson
Jefferson, MD 21755 csmith2748@comcast.net

COORDINATOR FOR 4-H
Michelle Close/Gwen Grant 301-695-0108/301-662-1511
8320 Ball Road Urbana/Mount Pleasant
Frederick, MD 21704 primrozez@comcast.net

EDUCATION: COMMUNITY PROJECTS
Starr Myklebust 301-898-9222
10115 Harp Road Mount Pleasant
Walkersville, MD 21793 starrm@comcast.net

ENVIRONMENT
Lyla Franklin 301-447-6545
15855 St Anthony Rd. Lewistown
Thurmont, Md 21788

FAMILY
Gerry Krantz 410-775-7568
12313 Simpsons Mill Rd Gambrill Park
Keymar, MD 21757

PARLIAMENTARIAN
COUNTY COMMITTEES 2009

GLOBAL
Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com

FREDERICK FAIR
Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

MEMBERSHIP
Martha Moser 301-371-6132
7436 Round Hill Road Gambrill Park
Frederick, MD 21702 mcatmoser@aol.com

PUBLIC RELATIONS--NEWSPAPER COLUMN
Devra Boesch 301-371-6410
2402 Station Road Mid-Valley
Middletown, MD 21769 fboesch@erols.com

F.C.E. REPRESENTATIVE
Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com

DATES TO REMEMBER 2009

ANNUAL MEETING 2009,
Hosted by: Gambrill Park Homemakers Clubs
Date: April 28, 2009 10 am – 2 pm
Place: Jefferson Ruritan Club
Program: Conservation Theme

SEPTEMBER BOARD MEETING
Date: September 8, 2009 -- starting at 10:00 a.m.
Place: 4-H CAMP CENTER
Program: Lunch: Bring a dish and your place setting
Kitchen: Auction: Bring an auction item

HOMEMAKER DEMONSTRATIONS
AT THE GREAT FREDERICK FAIR
Date: Monday, September 14 – Friday, September 18, 2009

HOLIDAY ACTIVITY 2009
Club: Homemakers Club
Date: To be determined
Place: To be determined

MARYLAND COOPERATIVE EXTENSION,
FREDERICK COUNTY
330 MONTEVUE LANE, FREDERICK, MD 21702
OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY
Linda Smith, 301-600-1599, Administrative Assistant, Family & Consumer Sciences, Nancy Lewis, 301-600-1598, Faculty Extension Assistant, Deborah Rhoades, 301-600-3573, Faculty Extension Assistant
<table>
<thead>
<tr>
<th>DATE</th>
<th>PLACE &amp; HOUR</th>
<th>HOSTESS</th>
<th>LESSON LEADER</th>
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<tr>
<td><strong>JANUARY, 2009</strong></td>
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<td><strong>TOPIC: CLUB CHOICE</strong></td>
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<td><strong>FEBRUARY, 2009</strong></td>
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<td><strong>TOPIC: Support the Troops, Joanne Huff, Frederick Officer’s Wives Club</strong></td>
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<td><strong>MARCH, 2009</strong></td>
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<td><strong>TOPIC: Crafts, Michelle Close and Gwen Grant</strong></td>
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<td><strong>APRIL, 2009</strong></td>
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<td><strong>TOPIC: How Do Prescription Drugs interact with over the Counter Drugs, Michael Peloquin, Pharmacist, CVS</strong></td>
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<td>The New Frederick Memorial Hospital, Ken Coffey, FMH</td>
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<td>NOVEMBER, 2009</td>
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<td>Holiday Cooking, Nancy Lewis, Maryland Extension Office</td>
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<td>DECEMBER, 2009</td>
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<td>CLUB CHOICE</td>
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</table>
I believe as a homemaker, I have a responsibility to pass on to others in my community any skills or knowledge acquired in my profession.

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<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tr>
<td>JAN. 6</td>
<td>Executive Committee Meeting, 9:30-10:00</td>
<td>Extension Office</td>
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<td>JAN. 6</td>
<td>Board of Directors’ Meeting, 10:00-Noon</td>
<td>Extension Office</td>
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<td>JAN. 19</td>
<td>Martin Luther King Day, Extension Office Closed</td>
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<td>FEB. 3</td>
<td><strong>Lesson Training</strong>, 1-3 PM</td>
<td>Extension Office</td>
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<td>Lesson Leader ______________________________________________________</td>
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<td>Topic: <strong>Support the Troops</strong>, Joanne Huff, Frederick Officer’s Wives Club</td>
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<td>FEB. 16</td>
<td>Presidents’ Day, Extension Office Closed</td>
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<td>MAR. 3</td>
<td>Executive Committee Meeting, 9:30-10:00</td>
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<td>MAR. 3</td>
<td>Board of Directors’ Meeting, 10:00-Noon</td>
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<td><strong>Lesson Training</strong>, 1-3 PM</td>
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<td>Topic: <strong>Crafts</strong>, Michelle Close and Gwen Grant</td>
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<td><strong>Lesson Training</strong>, 1-3 PM</td>
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<td>Topic: <strong>How Do Prescription Drugs interact with over the Counter Drugs</strong>, Michael Peloquin, Pharmacist, CVS</td>
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<td>APR. 16</td>
<td>FCE Region I Meeting – Hosted by Frederick County</td>
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<td>FCE, 9:30 am Registration, Quality Inn, West Patrick Street, Frederick, MD</td>
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<td>APR. 22</td>
<td>FCE Region II Meeting – Hosted by Anne Arundel County</td>
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<td>FCE, 9:30 am Registration, Ramada Inn, Hanover, MD</td>
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<td>APR. 28</td>
<td><strong>ANNUAL MEETING 2009</strong>, 10 am -2pm</td>
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<td>Hosted by - Gambrill Park Homemakers Clubs, Jefferson Ruritan Club, Living Green Theme</td>
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<td>MAY 5</td>
<td>Executive Committee Meeting, 9:30 -10:00</td>
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<td>MAY 5</td>
<td>Board of Directors’ Meeting, 10:00-Noon</td>
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<td>MAY 5</td>
<td><strong>Lesson Training</strong>, 1-3 PM</td>
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<td></td>
<td>Topic: <strong>FCE Hearthfire Series</strong></td>
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<td>MAY 25</td>
<td>Memorial Day Observed, Extension Office Closed</td>
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<td>JUNE 14</td>
<td>Flag Day</td>
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<td>JULY 4</td>
<td>Independence Day Observed - Extension Office Closed</td>
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<td>JULY 17-19</td>
<td>National FCE, Portland, Oregon</td>
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<td>SEPT 1</td>
<td>Executive Committee Meeting, 10:00-Noon</td>
<td>Extension Office</td>
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<tr>
<td>SEPT 7</td>
<td>Labor Day, Extension Office Closed</td>
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<td>SEPT 8</td>
<td>Board of Directors’ Meeting 10:00 AM - 4-H Camp Center,.</td>
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<td>All members welcome! Covered Dish</td>
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<td>Everyone bring one dish, your place setting and an auction item.</td>
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<td>SEPT 14-18</td>
<td>Demonstrations at Frederick Fair, Monday – Friday.</td>
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<td>SEPT</td>
<td>CWC- Country Womens Council,</td>
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<td>OCT</td>
<td>FCE Week</td>
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<td>OCT. 6</td>
<td><strong>Lesson Training</strong>, 1-3 PM</td>
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<td></td>
<td>Topic: <strong>The New Frederick Memorial Hospital</strong>, Ken Coffey, FMH</td>
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<td>OCT. 12</td>
<td>Columbus Day, Extension Office Closed</td>
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<tr>
<td>OCT</td>
<td>Maryland FCE Annual Conference, hosted by Ann Arundel FCE, Ocean City MD</td>
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<td>NOV. 3</td>
<td>Executive Committee Meeting, 9:30-10:00</td>
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<td>Lesson Leader ______________________________________________________</td>
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<td>Topic: <strong>Holiday Cooking</strong> – Nancy Lewis, Maryland Extension Office</td>
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<td>NOV. 11</td>
<td>Veteran's Day Observed, Extension Office Closed</td>
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<td>NOV. 26-27</td>
<td>Thanksgiving, Extension Office Closed</td>
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<td>DEC.</td>
<td>HOLIDAY ACTIVITY 2009</td>
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<td>DEC. 24-31</td>
<td>Christmas Observed, Extension Office Closed</td>
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<td>JAN. 1</td>
<td>New Year’s Day Observed, Extension Office Closed</td>
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SUPPORT THE TROOPS
TROOP CAP BY SHARON ROBINSON

CROCHET – G Hook if you crochet loosely
Ch4; sl st to form circle; ch 3
Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3
Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3
Rnd 3: *2 DC in 1st st, 1 DC in next st (Repeat from * around) sl st to top of ch 3; ch 3
Rnd 4: Repeat Round 3
Rnd 5: *2 DC in 1st st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3
Rnd 6-11: 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3
Rnd 12: Front post in 1st st; Back post in 2nd st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

SOLDIER’S HELMET CAP

KNIT - 4 ply knitting worsted weight yarn, size 10 needles
Cast on 76 stitches LOOSELY
K2 P2 until piece measures 6 inches
Next Row – K2 together across
Next Row – Knit across
Next Row – K2 together
Continue in this manner until 5 stitches remain
Thread yarn through remaining stitches and sew back seam

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

ITEMS NEEDED
Hard Candy (in summer) (other candies in winter), Pre-packaged individual snacks, Coffee, Tea, Powdered creamers, Beanie Babies, small stuffed toys, Comic pages, sudoku and crossword puzzles, Instant packets of hot cocoa/oatmeal, microwave popcorn, beef jerky, Matchbox & Hot Wheel Cars, Dental hygiene product samples from dentist, Chapstick, wipes, sample size bottles of hand lotion, deodorant, body wash, foot powder, shampoo, baby wipes, hand sanitizers, Twins Sheets, Socks, Devotionals from church, Soccer Balls, CDs, DVDs, AT&T International Pre-Paid phone cards purchased from the PX, Stationary & Cards so they can write home, Lots of cards & letters of gratitude and encouragement for our troops, Monetary donations to help offset high postage costs.

ONGOING HOMEMAKERS PROJECTS

LAP ROBES
Lap robes need to measure 36 inch by 36 inch square. They can be knitted or crocheted with heavy yarn. Lap robes may be made with two pieces of material with light batting in between, if needed. With all edges completely sewn, and the three pieces knotted throughout the square. A contrasting pocket can be added 3-4 inches from the top edge. Add ties between 18 to 30 inches long at the top corners.

CROCHET NURSERY CAP
Material: Baby Yarn and ‘E’ Hook
RIBBING: Chain 9, turn, single crochet in 2nd stitch and across. Chain 1, turn, 8 stitches. Work in back loops only for 12 inches. Slipstitch ends together. DON’T CUT YARN! Continue as follows:
TOP Chain 2, work 60 half double crochet across, join in top of chain 2. Work for 3 1/2 inches. To decrease:
Work 5 stitches, work 2 together across. Crochet around.
Work 4 stitches, work 2 together across. Crochet around.
Work 3 stitches, work 2 together across. Crochet around.
Work 2 stitches, work 2 together across. Hole will be about the size of a dime.
Draw yarn through and fasten off.
Make a pom-pom and attach to top. Turn up ribbing if desired

KNITTED NURSERY CAP
Size 6 needles for the cap, size 4 needles for pom pom, and 3 ply baby yarn - 100% acrylic in pink or blue preferred.
Cast on 68 stitches. Next row Knit 2, Purl 2, to the end of the row. Continue in this pattern for six inches.
Next row Knit 2 together, purl 2 together across the row.
Next row Purl.
Next row Knit 2 together across row.
Next row Purl.
Next row Knit 2 together across row.
Next row Purl.
Thread needle and take remaining stitches off knitting needle and sew cap.
Pom Pom
Take a 2” wide piece of cardboard, wind yarn around it at least 30 times. Slide yarn off cardboard carefully; tie in the middle and cut edges (to make separate strands). Trim loose ends. Use yarn to sew pom pom on the cap.

BABY BLANKETS
18” x 18” – crocheted, knitted, or made with material. Must be Washable.
<table>
<thead>
<tr>
<th>CLUB</th>
<th>PRESIDENT</th>
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<tbody>
<tr>
<td>EAST FREDERICK</td>
<td>ANN HOFFMAN</td>
<td>MERRYLAND TRACT</td>
<td>DIANNE BOWERS</td>
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<tr>
<td>3rd Tuesday, 1:00 PM</td>
<td>7187 Adirondack Drive Frederick, MD 21702 301-898-5296</td>
<td>3rd Thursday, 12:00 PM</td>
<td>3246 Jefferson Pike Frederick, MD 21755 301-834-8577</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:islington@starpower.net">islington@starpower.net</a></td>
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<tr>
<td>GAMBRILL PARK</td>
<td>Martha Moser</td>
<td>MID-VALLEY</td>
<td>DEVRA BOESCH</td>
</tr>
<tr>
<td>4th Tuesday, 11:30 AM</td>
<td>7436 Round Hill Road Frederick, MD 21702 301-371-6132</td>
<td>1st Wednesday, 12:00 PM</td>
<td>2402 Station Road Middletown, MD 21769 301-371-6410 <a href="mailto:fboesch@erols.com">fboesch@erols.com</a></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:mcatmoser@aol.com">mcatmoser@aol.com</a></td>
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<td>GATHLAND</td>
<td>JANE LIEBERMAN</td>
<td>MOUNT PLEASANT</td>
<td>GWEN GRANT</td>
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<tr>
<td>1st Thursday, 1:00 PM</td>
<td>3895 Shadywood Drive Jefferson, MD 21755</td>
<td>3rd Monday, 1:00 PM</td>
<td>8104 Sundown Lane Frederick, MD 21702 301-662-1511 <a href="mailto:lgwg44@juno.com">lgwg44@juno.com</a></td>
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<tr>
<td>GLADE VALLEY</td>
<td>JENNY WEST</td>
<td>NEW MARKET</td>
<td>BETTY THOMPSON</td>
</tr>
<tr>
<td>2nd Thursday, 7:30 PM</td>
<td>501 E. Main Street Thurmont, MD 21788 301-271-7845</td>
<td>1st Friday, 1:00 PM</td>
<td>11650 Old Annapolis Rd. Frederick, MD 21701 301-865-5492 <a href="mailto:jthom16132@aol.com">jthom16132@aol.com</a></td>
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<tr>
<td></td>
<td><a href="mailto:jennywest229@msn.com">jennywest229@msn.com</a></td>
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<tr>
<td>JEFFERSON</td>
<td>SAMMIE HAYAS</td>
<td>PLEASANT GROVE</td>
<td>MARGUERITE BURGEE</td>
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<tr>
<td>2nd Thursday, 1:00 PM</td>
<td>2392 Broadrun Ct Jefferson, MD 21755 301-371-7785</td>
<td>4th Monday, 12:00 NOON</td>
<td>2640 Green Valley Rd. Ijamsville, MD 21754 301-865-5901</td>
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<tr>
<td>JOHNSVILLE</td>
<td>LINDA PARKER</td>
<td>URBANA</td>
<td>MICHELLE CLOSE</td>
</tr>
<tr>
<td>3rd Monday, 1:00 PM</td>
<td>11528 Houck Road Union Bridge, MD 21791 410-775-7550 <a href="mailto:ellecreek2003@yahoo.com">ellecreek2003@yahoo.com</a></td>
<td>3rd Tuesday, 10:00 AM</td>
<td>8320 Ball Road Frederick, MD 21704 301-695-0108 <a href="mailto:primrozez@comcast.net">primrozez@comcast.net</a></td>
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<tr>
<td>LEWISTOWN</td>
<td>ALICE WILCOM</td>
<td>WALKERSVILLE</td>
<td>HELEN SHEPPARD</td>
</tr>
<tr>
<td>3rd Wednesday, 7:30 PM</td>
<td>10412 Glade Rd Walkersville, MD 21793 301-898-7560</td>
<td>2nd Thursday, 1:00 PM</td>
<td>8613 Discovery Blvd. Walkersville, MD 21793 301-898-3464 <a href="mailto:BruceHelenShep@msn.com">BruceHelenShep@msn.com</a></td>
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