

FREDERICK COUNTY HOMEMAKERS' CREED

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Ray H. Smith, Jug Bridge Homemakers Club



Frederick County Homemakers

2009 Program Book

EDUCATING PEOPLE
TO
HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

dunade.com/fredmdhomemakers

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SUGGESTED ORDER OF BUSINESS

CALL TO ORDER

OPENING (Creed) (Pledge)

LESSON OR SPECIAL PROGRAM

BUSINESS MEETING

Roll Call – Introduction of Guests

Minutes

Treasurer's Report

Committee Reports

Project Feature

Director's Report

Old Business

New Business

RECREATION

GOOD MEETINGS:

- Are planned
- Keep to business at hand
- Are orderly



GOALS FOR THE HOMEMAKER

1. To pool your judgment and experience for the progressive improvement of the home and community.
2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
3. To be conscious of your image and strive to improve it.
4. To become involved in membership building.

CLUB GOALS

**JANUARY 1, 2009 -
DECEMBER 31, 2009**

**PROGRAM OF
FREDERICK COUNTY
HOMEMAKERS' CLUBS**

NAME _____

CLUB _____

PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the ACWW. Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

Letters from the Presidents

I want to thank everyone for being very supportive during my presidency these past two years! I feel that your help, strength, patience and ingenuity have made a difference in Frederick County.

We have accomplished a lot in the past year. Our annual meeting was a great success with our beautiful bridal outfits. The September meeting was very enjoyable and as we met with Carolyn Kennedy and Nicole Amusin and learned new facts about kidneys. The Great Frederick Fair demonstrations went very well and the public got to see who we are and what we represent.

The lessons for the year were great: Bees and Honey, Treat the Troops-Operation Shoebox, Therapy Dogs, Alzheimer’s, Crafts-Tiles, and German Cooking.

I have enjoyed being president and have always enjoyed being a homemaker. Thank you for your part in making Frederick County Homemakers Knowledgeable, community enriching and fun.

Michelle Plase, Past President

I am looking forward to the next two years as being president and working with all of our county homemakers. I hope that the programs we have planned for the next year will be informative and interesting.

I thank all those who have participated in all our programs that help others and I hope that you will continue to support them. We have added another helping hand and that is making helmet hats for our soldiers serving overseas. Reports from the service people tell us that the helmet hats protect their heads in many ways and are greatly appreciated. There are other items needed and they are listed in our book.

If you need any help call me or e-mail me.

Elsine Childs, President

LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT _____

VICE PRESIDENT _____

SECRETARY _____

TREASURER _____

PARLIAMENTARIAN _____

HISTORIAN _____

DIRECTOR _____

ANNUAL MEETING 2008 _____

CRAFTS _____

EDUCATION:

COMMUNITY PROJECTS _____

ENVIRONMENT/PROGRAM _____

FAMILY/PROGRAM _____

GLOBAL/PROGRAM _____

FREDERICK FAIR _____

HOLIDAY ACTIVITY _____

MEMBERSHIP _____

PUBLIC RELATIONS/NEWS COLUMN _____

COUNTY OFFICERS 2009

PRESIDENT

Elaine Childs 301-834-8247
3508 Petersville Road Gambrill Park
Rosemont, MD 21758 childsel@msn.com

PRESIDENT-ELECT

VICE PRESIDENT / PROGRAM BOOK

Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

PAST PRESIDENT

Michelle Close 301-695-0108
8320 Ball Road Urbana
Frederick, MD 21704 primrozez@comcast.net

SECRETARY

June Haupt 301-790-0487
21523 National Pike Mid-Valley
Boonsboro, MD 21713 jphaupt@juno.com

TREASURER

Joyce Gregory 301-416-7782
147 Buttercup Drive Mid-Valley
Hagerstown, MD 21740 jelaineg70@hotmail.com

PARLIAMENTARIAN

Kathryn Nicodemus 301-845-6622
Box 335 Walkersville
Walkersville, MD 21793 nicsnest52@yahoo.com

COUNTY COMMITTEES 2009

HISTORIAN

COORDINATOR FOR 4-H

Jane Smith 301-473-8259
4645 Broad Run Road Jefferson
Jefferson, MD 21755 csmith2748@comcast.net

CRAFTS

Michelle Close/Gwen Grant 301-695-0108/301-662-1511
8320 Ball Road Urbana/Mount Pleasant
Frederick, MD 21704 primrozez@comcast.net

EDUCATION: COMMUNITY PROJECTS

Starr Myklebust 301-898-9222
10115 Harp Road Mount Pleasant
Walkersville, MD 21793 starrm@comcast.net

ENVIRONMENT

Lyla Franklin 301-447-6545
15855 St Anthony Rd. Lewistown
Thurmont, Md 21788

FAMILY

Gerry Krantz 410-775-7568
12313 Simpsons Mill Rd Gambrill Park
Keymar, MD 21757

COUNTY COMMITTEES 2009

GLOBAL

Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com

FREDERICK FAIR

Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

MEMBERSHIP

Martha Moser 301-371-6132
7436 Round Hill Road Gambrill Park
Frederick, MD 21702 mcatmoser@aol.com

PUBLIC RELATIONS--NEWSPAPER COLUMN

Devra Boesch 301-371-6410
2402 Station Road Mid-Valley
Middletown, MD 21769 fboesch@erols.com

F.C.E. REPRESENTIVE

Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com



DATES TO REMEMBER 2009

ANNUAL MEETING 2009,

Hosted by: Gambrill Park Homemakers Clubs

Date: April 28, 2009 10 am – 2 pm

Place: Jefferson Ruritan Club

Program: Conservation Theme

SEPTEMBER BOARD MEETING

Date: September 8, 2009 -- starting at 10:00 a.m.

Place: 4-H CAMP CENTER

Program:

Lunch: Bring a dish and your place setting

Kitchen:

Auction: Bring an auction item

HOMEMAKER DEMONSTRATIONS AT THE GREAT FREDERICK FAIR

Date: Monday, September 14 – Friday, September 18, 2009

HOLIDAY ACTIVITY 2009

Club: Homemakers Club

Date: To be determined

Place: To be determined

MARYLAND COOPERATIVE EXTENSION, FREDERICK COUNTY

330 MONTEVUE LANE, FREDERICK, MD 21702

OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY

Linda Smith, 301-600-1599, Administrative Assistant, Family &
Consumer Sciences, Nancy Lewis, 301-600-1598, Faculty Extension
Assistant, Deborah Rhoades, 301-600-3573, Faculty Extension
Assistant

CLUB MEETING SCHEDULE

JANUARY, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

DATE _____

PLACE &
HOUR _____

HOSTESS _____

LESSON LEADER _____
TOPIC: CLUB CHOICE

FEBRUARY, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

DATE _____

PLACE &
HOUR _____

HOSTESS _____

LESSON LEADER _____
TOPIC: **Support the Troops, Joanne Huff, Frederick Officer's Wives Club**

MARCH, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

DATE _____

PLACE &
HOUR _____

HOSTESS _____

LESSON LEADER _____
TOPIC: **Crafts, Michelle Close and Gwen Grant**

CLUB MEETING SCHEDULE

APRIL, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

DATE _____

PLACE &
HOUR _____

HOSTESS _____

LESSON LEADER _____
TOPIC: **How Do Prescription Drugs interact with over the Counter Drugs, Michael Peloquin, Pharmacist, CVS**

MAY, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

DATE _____

PLACE &
HOUR _____

HOSTESS _____

LESSON LEADER _____
TOPIC: **FCE Hearthfire Series**

JUNE, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DATE _____

PLACE &
HOUR _____

HOSTESS _____

LESSON LEADER _____
TOPIC: CLUB CHOICE

CLUB MEETING SCHEDULE

JULY, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

DATE _____

PLACE & HOUR _____

HOSTESS _____

LESSON LEADER _____

TOPIC: CLUB CHOICE

AUGUST, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

DATE _____

PLACE & HOUR _____

HOSTESS _____

LESSON LEADER _____

TOPIC: CLUB CHOICE

SEPTEMBER, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DATE _____

PLACE & HOUR _____

HOSTESS _____

LESSON LEADER _____

TOPIC: CLUB CHOICE

CLUB MEETING SCHEDULE

OCTOBER, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

DATE _____

PLACE & HOUR _____

HOSTESS _____

LESSON LEADER _____

TOPIC: **The New Frederick Memorial Hospital, Ken Coffey, FMH**

NOVEMBER, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DATE _____

PLACE & HOUR _____

HOSTESS _____

LESSON LEADER _____

TOPIC **Holiday Cooking, Nancy Lewis, Maryland Extension Office**

DECEMBER, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

DATE _____

PLACE & HOUR _____

HOSTESS _____

LESSON LEADER _____

TOPIC: CLUB CHOICE

DATES TO REMEMBER

I believe as a homemaker, I have a responsibility to pass on to others in my community any skills or knowledge acquired in my profession.

JAN. 6 - Executive Committee Meeting, 9:30-10:00, Extension Office

JAN. 6 - Board of Directors' Meeting, 10:00-Noon, Extension Office.

JAN. 19 - Martin Luther King Day, Extension Office Closed

FEB. 3 - **Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Support the Troops, Joanne Huff, Frederick Officer's Wives Club**

FEB. 16 - Presidents' Day, Extension Office Closed

MAR. 3 - Executive Committee Meeting, 9:30-10:00, Extension Office

MAR 3 - Board of Directors' Meeting, 10:00-Noon, Extension Office.

MAR. 3 – **Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Crafts, Michelle Close and Gwen Grant**

APR. 7 - **Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **How Do Prescription Drugs interact with over the Counter Drugs, Michael Peloquin, Pharmacist, CVS**

APR. 10 – Good Friday, Happy Easter! Extension Office Closed

APR. 16 – FCE Region I Meeting – Hosted by Frederick County FCE, 9:30 am Registration, Quality Inn, West Patrick Street, Frederick, MD

APR. 22 - FCE Region II Meeting – Hosted by Anne Arundel County FCE, 9:30 am Registration, Ramada Inn, Hanover, MD

APR. 28 - ANNUAL MEETING 2009, 10 am -2pm
Hosted by - Gambrill Park Homemakers Clubs,
Jefferson Ruritan Club, Living Green Theme

MAY 5- Executive Committee Meeting, 9:30 -10:00, Extension Office

MAY 5- Board of Directors' Meeting, 10:00-Noon, Extension Office

MAY 5- **Lesson Training**, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **FCE Hearthfire Series**

DATES TO REMEMBER

MAY 25 - Memorial Day Observed, Extension Office Closed

JUNE 14 - Flag Day

JULY 4 - Independence Day Observed - Extension Office Closed

JULY 17-19 – National FCE, Portland, Oregon

SEPT 1 - Executive Committee Meeting, 10:00-Noon, Extension Office

SEPT 7 - Labor Day, Extension Office Closed

SEPT 8 - Board of Directors' Meeting 10:00 AM - 4-H Camp Center.,
All members welcome! Covered Dish

Everyone bring one dish, your place setting and an auction item.

SEPT 14 - 18 – Demonstrations at Frederick Fair, Monday – Friday.

SEPT – CWC- Country Womens Council,

OCT – FCE Week

OCT. 6 - **Lesson Training**, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **The New Frederick Memorial Hospital, Ken Coffey, FMH**

OCT. 12 - Columbus Day, Extension Office Closed

OCT – Maryland FCE Annual Conference, hosted by Ann Arundel FCE, Ocean City MD

NOV. 3 - Executive Committee Meeting, 9:30-10:00, Extension Office

NOV. 3 - Board of Directors' Meeting, 10:00-Noon, Extension Office

NOV 3–**Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Holiday Cooking – Nancy Lewis, Maryland Extension Office**

NOV. 11 - Veteran's Day Observed, Extension Office Closed

NOV. 26 - 27 - Thanksgiving, Extension Office Closed

DEC. - HOLIDAY ACTIVITY 2009

Hosted by -

DEC. 24 - 31 – Christmas Observed, Extension Office Closed,

JAN. 1 – New Year's Day Observed, Extension Office Closed

SUPPORT THE TROOPS
TROOP CAP BY SHARON ROBINSON

CROCHET – G Hook if you crochet loosely

Ch4; sl st to form circle; ch 3

Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3

Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3

Rnd 3: *2 DC in 1st st, 1 DC in next st (Repeat from * around) sl st to top of ch 3; ch 3

Rnd 4: Repeat Round 3

Rnd 5: *2 DC in 1st st; 1 DC in each of next 6 st; (Repeat around till the ent) DC in last 4 st; sl st to top of ch 3; ch 3

Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3

Rnd 12: Front post in 1st st; Back post in 2nd st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

SOLDIER'S HELMET CAP

KNIT - 4 ply knitting worsted weight yarn, size 10 needles

Cast on 76 stitches LOOSELY

K2 P2 until piece measures 6 inches

Next Row – K2 together across

Nest Row – Knit across

Nest Row – K2 together

Continue in this manner until 5 stitches remain

Thread yarn through remaining stitches and sew back seam

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

ITEMS NEEDED

Hard Candy (in summer) (other candies in winter), Pre-packaged individual snacks, Coffee, Tea, Powdered creamers, Beanie Babies, small stuffed toys, Comic pages, sudoku and crossword puzzles, Instant packets of hot cocoa/oatmeal, microwave popcorn, beef jerky, Matchbox & Hot Wheel Cars, Dental hygiene product samples from dentist, Chapstick, wipes, sample size bottles of hand lotion, deodorant, body wash, foot powder, shampoo, baby wipes, hand sanitizers, Twins Sheets, Socks, Devotionals from church, Soccer Balls, CDs, DVDs, AT&T International Pre-Paid phone cards purchased from the PX, Stationary & Cards so they can write home, Lots of cards & letters of gratitude and encouragement for our troops, Monetary donations to help offset high postage costs.

ONGOING HOMEMAKERS PROJECTS

LAP ROBES

Lap robes need to measure 36 inch by 36 inch square. They can be knitted or crocheted with heavy yarn. Lap robes may be made with two pieces of material with light batting in between, if needed. With all edges completely sewn, and the three pieces knotted throughout the square. A contrasting pocket can be added 3-4 inches from the top edge. Add ties between 18 to 30 inches long at the top corners.

CROCHET NURSERY CAP

Material: Baby Yarn and 'E' Hook

RIBBING: Chain 9, turn, single crochet in 2nd stitch and across. Chain 1, turn, 8 stitches. Work in back loops only for 12 inches. Slipstitch ends together. **DON'T CUT YARN!** Continue as follows:

TOP Chain 2, work 60 half double crochet across, join in top of chain 2. Work for 3 ¼ inches. To decrease:

Work 5 stitches, work 2 together across. Crochet around.

Work 4 stitches, work 2 together across. Crochet around.

Work 3 stitches, work 2 together across. Crochet around.

Work 2 stitches, work 2 together across. Hole will be about the size of a dime.

Draw yarn through and fasten off.

Make a pom-pom and attach to top. Turn up ribbing if desired

KNITTED NURSERY CAP

Size 6 needles for the cap, size 4 needles for pom pom, and 3 ply baby yarn-100% acrylic in pink or blue preferred.

Cast on 68 stitches. Next row Knit 2, Purl 2, to the end of the row. Continue in this pattern for six inches.

Next row Knit 2 together, purl 2 together across the row.

Next row Purl.

Next row Knit 2 together across row.

Next row Purl.

Next row Knit 2 together across row.

Thread needle and take remaining stitches off knitting needle and sew cap.

Pom Pom

Take a 2" wide piece of cardboard, wind yarn around it at least 30 times. Slide yarn off cardboard carefully; tie in the middle and cut edges (to make separate strands). Trim loose ends. Use yarn to sew pom pom on the cap.

BABY BLANKETS

18" x 18" – crocheted, knitted, or made with material. Must be Washable.

CLUB	PRESIDENT
EAST FREDERICK 3rd Tuesday, 1:00 PM	ANN HOFFMAN 7187 Adirondack Drive Frederick, MD 21702 301-898-5296 islington@starpower.net
GAMBRILL PARK 4th Tuesday, 11:30 AM	Martha Moser 7436 Round Hill Road Frederick, MD 21702 301-371-6132 mcatmoser@aol.com
GATHLAND 1st Thursday, 1:00 PM	JANE LIEBERMAN 3895 Shadywood Drive Jefferson, MD 21755 301-473-7895
GLADE VALLEY 2nd Thursday, 7:30 PM	JENNY WEST 501 E. Main Street Thurmont, MD 21788 301-271-7845 jennywest229@msn.com
JEFFERSON 2nd Thursday, 1:00 PM	SAMMIE HAYAS 2392 Broadrun Ct Jefferson, MD 21755 301-371-7785
JOHNSVILLE 3rd Monday, 1:00 PM	LINDA PARKER 11528 Houck Road Union Bridge, MD 21791 410-775-7550 ellecreek2003@yahoo.com
LEWISTOWN 3rd Wednesday, 7:30 PM	ALICE WILCOM 10412 Glade Rd Walkersville, MD 21793 301-898-7560

CLUB	PRESIDENT
MERRYLAND TRACT 3rd Thursday, 12:00 PM	DIANNE BOWERS 3246 Jefferson Pike Jefferson, MD 21755 301-834-8577
MID-VALLEY 1st Wednesday, 12:00 PM	DEVRA BOESCH 2402 Station Road Middletown, MD 21769 301-371-6410 fboesch@erols.com
MOUNT PLEASANT 3rd Monday, 1:00 PM	GWEN GRANT 8104 Sundown Lane Frederick, MD 21702 301-662-1511 lgwg44@juno.com
NEW MARKET 1st Friday, 1:00 PM	BETTY THOMPSON 11650 Old Annapolis Rd. Frederick, MD 21701 301-865-5492 jthom16132@aol.com
PLEASANT GROVE 4th Monday, 12:00 NOON	MARGUERITE BURGEE 2640 Green Valley Rd. Ijamsville, MD 21754 301-865-5901
URBANA 3rd Tuesday, 10:00 AM	MICHELLE CLOSE 8320 Ball Road Frederick, MD 21704 301-695-0108 primrozez@comcast.net
WALKERSVILLE 2nd Thursday, 1:00 PM	HELEN SHEPPARD 8613 Discovery Blvd. Walkersville, MD 21793 301-898-3464 BruceHelenShep@msn.com

