

## **FREDERICK COUNTY HOMEMAKERS' CREED**

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Ray H. Smith, Jug Bridge Homemakers Club



# **Frederick County Homemakers**

## 2010 Program Book

EDUCATING PEOPLE  
TO  
HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

[dunade.com/fredmdhomemakers](http://dunade.com/fredmdhomemakers)

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**SUGGESTED ORDER OF BUSINESS**

CALL TO ORDER

OPENING (Creed) (Pledge)

LESSON OR SPECIAL PROGRAM

BUSINESS MEETING

Roll Call – Introduction of Guests

Minutes

Treasurer's Report

Committee Reports

Project Feature

Director's Report

Old Business

New Business

RECREATION

GOOD MEETINGS:

- Are planned
- Keep to business at hand
- Are orderly



**GOALS FOR THE HOMEMAKER**

1. To pool your judgment and experience for the progressive improvement of the home and community.
2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
3. To be conscious of your image and strive to improve it.
4. To become involved in membership building.

**CLUB GOALS**

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**JANUARY 1, 2010 -  
DECEMBER 31, 2010**

**PROGRAM OF  
FREDERICK COUNTY  
HOMEMAKERS' CLUBS**

NAME \_\_\_\_\_

CLUB \_\_\_\_\_

**PENNIES FOR FRIENDSHIP**

Pennies for Friendship is a principal source of income for the ACWW. Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

## Letter from the President

What a year this has been! Weather conditions in January, February and March made meetings tricky. In fact, we had to cancel our January meeting and the next two months we were not too sure that the weather would bring. But then spring arrived and with that our Annual Meeting was held in April and the topic was “Living Green”. Nancy Lewis, Extension Agent, gave us ways that we can help our environment. The food was great, the table arrangements were creative and all had a very nice time. However, our other programs were just as interesting. Joanne Huff of the Frederick Officer’s club gave a talk on Support the Troops in February. Something we all need to think about. In March, Michelle Close and Gwen Grant presented a craft program showing us how to make cards for any occasion. In April, Louise Ediger filled in for Michael Peloquin, Pharmacist and spoke on foods that help different medical conditions. In October, Ken Coffey of Frederick Memorial Hospital talked about the hospital and November was Holiday cooking. Of course, we cannot forget the participation in the Great Frederick Fair, September 21 – 25, 2009. Mid Valley presented the Holiday Activity in November.

We have planned programs for next year and hope that you will find them informative and interesting.

Thank you for your support. It has greatly been appreciated.

*Elaine Childs*, President

## LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT \_\_\_\_\_

VICE PRESIDENT \_\_\_\_\_

SECRETARY \_\_\_\_\_

TREASURER \_\_\_\_\_

PARLIAMENTARIAN \_\_\_\_\_

HISTORIAN \_\_\_\_\_

DIRECTOR \_\_\_\_\_

ANNUAL MEETING \_\_\_\_\_

CRAFTS \_\_\_\_\_

### EDUCATION:

COMMUNITY PROJECTS \_\_\_\_\_

ENVIRONMENT/PROGRAM \_\_\_\_\_

FAMILY/PROGRAM \_\_\_\_\_

GLOBAL/PROGRAM \_\_\_\_\_

FREDERICK FAIR \_\_\_\_\_

HOLIDAY ACTIVITY \_\_\_\_\_

MEMBERSHIP \_\_\_\_\_

PUBLIC RELATIONS/NEWS COLUMN \_\_\_\_\_

**COUNTY OFFICERS 2010**

**PRESIDENT**

Elaine Childs 301-834-8247  
3508 Petersville Road Gambrell Park  
Rosemont, MD 21758 [childsel@msn.com](mailto:childsel@msn.com)

**PRESIDENT-ELECT**

**1 year term for 2010**

Libby Wade 301-831-8661  
6711 Sage Court Urbana  
Adamstown, MD 21710 [dunade@aol.com](mailto:dunade@aol.com)

**VICE PRESIDENT / PROGRAM BOOK**

Libby Wade 301-831-8661  
6711 Sage Court Urbana  
Adamstown, MD 21710 [dunade@aol.com](mailto:dunade@aol.com)

**PAST PRESIDENT**

Michelle Close 301-695-0108  
8320 Ball Road Urbana  
Frederick, MD 21704 [primrozez@comcast.net](mailto:primrozez@comcast.net)

**SECRETARY**

Michelle Close 301-695-0108  
8320 Ball Road Urbana  
Frederick, MD 21704 [primrozez@comcast.net](mailto:primrozez@comcast.net)

**TREASURER**

Joyce Gregory 301-416-7782  
147 Buttercup Drive Mid-Valley  
Hagerstown, MD 21740 [jelaineg70@hotmail.com](mailto:jelaineg70@hotmail.com)

**PARLIAMENTARIAN**

Kathryn Nicodemus 301-845-6622  
Box 335 Walkersville  
Walkersville, MD 21793 [nicstest52@yahoo.com](mailto:nicstest52@yahoo.com)

**COUNTY COMMITTEES 2010**

**HISTORIAN**

LINDA PARKER 410-775-7550  
11528 Houck Road Johnsville  
Union Bridge, MD 21791 [ellecreek2003@yahoo.com](mailto:ellecreek2003@yahoo.com)

**COORDINATOR FOR 4-H**

Jane Smith 301-473-8259  
4645 Broad Run Road Jefferson  
Jefferson, MD 21755 [csmith2748@comcast.net](mailto:csmith2748@comcast.net)

**CRAFTS**

Michelle Close/Gwen Grant 301-695-0108/301-662-1511  
8320 Ball Road Urbana/Mount Pleasant  
Frederick, MD 21704 [primrozez@comcast.net](mailto:primrozez@comcast.net)

**EDUCATION: COMMUNITY PROJECTS**

Starr Myklebust 301-898-9222  
10115 Harp Road Mount Pleasant  
Walkersville, MD 21793 [starm@comcast.net](mailto:starm@comcast.net)

**ENVIRONMENT**

Lyla Franklin 301-447-6545  
15855 St Anthony Rd. Lewistown  
Thurmont, Md 21788

**FAMILY**

Gerry Krantz 410-775-7568  
12313 Simpsons Mill Rd Gambrell Park  
Keymar, MD 21757

## COUNTY COMMITTEES 2010

### GLOBAL

Louise Ediger 301-898-9945  
10521 Old Frederick Road Lewistown  
Frederick, MD 21701 [rlediger@juno.com](mailto:rlediger@juno.com)

### FREDERICK FAIR

Libby Wade 301-831-8661  
6711 Sage Court Urbana  
Adamstown, MD 21710 [dunade@aol.com](mailto:dunade@aol.com)

### MEMBERSHIP

Martha Moser 301-371-6132  
7436 Round Hill Road Gambrill Park  
Frederick, MD 21702 [mcatmoser@aol.com](mailto:mcatmoser@aol.com)

### PUBLIC RELATIONS--NEWSPAPER COLUMN

Devra Boesch 301-371-6410  
2402 Station Road Mid-Valley  
Middletown, MD 21769 [fboesch@erols.com](mailto:fboesch@erols.com)

### F.C.E. REPRESENTATIVE

Louise Ediger 301-898-9945  
10521 Old Frederick Road Lewistown  
Frederick, MD 21701 [rlediger@juno.com](mailto:rlediger@juno.com)



## DATES TO REMEMBER 2010

### ANNUAL MEETING 2010

**Hosted by:** Johnsville/Mount Pleasant Homemakers Clubs  
**Date:** April 27, 2010 10 am – 2 pm  
**Place:** Jefferson Ruritan  
**Program:** Arts

### SEPTEMBER BOARD MEETING

**Date:** September 14, 2010 -- starting at 10:00 a.m.  
**Place:** 4-H CAMP CENTER  
**Program:**  
**Lunch:** Bring a dish and your place setting  
**Kitchen:** Jefferson  
**Auction:** Bring an auction item

### HOMEMAKER DEMONSTRATIONS AT THE GREAT FREDERICK FAIR

**Date:** Monday, September 20 – Friday, September 24, 2010

### HOLIDAY ACTIVITY 2010

**Club:** Homemakers Club  
**Date:** To be determined  
**Place:** To be determined

### UNIVERSITY OF MARYLAND EXTENSION, FREDERICK COUNTY

330 MONTEVUE LANE, FREDERICK, MD 21702  
OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY  
Linda Smith, 301-600-1599, Administrative Assistant, Family &  
Consumer Sciences, Nancy Lewis, 301-600-1598, Faculty Extension  
Assistant, Deborah Rhoades, 301-600-3573, Faculty Extension  
Assistant

**CLUB MEETING SCHEDULE**

**JANUARY, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          | 1      | 2        |
| 3      | 4      | 5       | 6         | 7        | 8      | 9        |
| 10     | 11     | 12      | 13        | 14       | 15     | 16       |
| 17     | 18     | 19      | 20        | 21       | 22     | 23       |
| 24     | 25     | 26      | 27        | 28       | 29     | 30       |
| 31     |        |         |           |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: CLUB CHOICE

**FEBRUARY, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        | 1      | 2       | 3         | 4        | 5      | 6        |
| 7      | 8      | 9       | 10        | 11       | 12     | 13       |
| 14     | 15     | 16      | 17        | 18       | 19     | 20       |
| 21     | 22     | 23      | 24        | 25       | 26     | 27       |
| 28     |        |         |           |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: Meals on Wheels

**MARCH, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        | 1      | 2       | 3         | 4        | 5      | 6        |
| 7      | 8      | 9       | 10        | 11       | 12     | 13       |
| 14     | 15     | 16      | 17        | 18       | 19     | 20       |
| 21     | 22     | 23      | 24        | 25       | 26     | 27       |
| 28     | 29     | 30      | 31        |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: What's New in your National Home Parks? - Cathy Beeler, Park Ranger

**CLUB MEETING SCHEDULE**

**APRIL, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           | 1        | 2      | 3        |
| 4      | 5      | 6       | 7         | 8        | 9      | 10       |
| 11     | 12     | 13      | 14        | 15       | 16     | 17       |
| 18     | 19     | 20      | 21        | 22       | 23     | 24       |
| 25     | 26     | 27      | 28        | 29       | 30     |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: Looking Good – FCE members

**MAY, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          |        | 1        |
| 2      | 3      | 4       | 5         | 6        | 7      | 8        |
| 9      | 10     | 11      | 12        | 13       | 14     | 15       |
| 16     | 17     | 18      | 19        | 20       | 21     | 22       |
| 23     | 24     | 25      | 26        | 27       | 28     | 29       |
| 30     | 31     |         |           |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: Frederick County Public Libraries, Daryl Batson

**JUNE, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        | 1       | 2         | 3        | 4      | 5        |
| 6      | 7      | 8       | 9         | 10       | 11     | 12       |
| 13     | 14     | 15      | 16        | 17       | 18     | 19       |
| 20     | 21     | 22      | 23        | 24       | 25     | 26       |
| 27     | 28     | 29      | 30        |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: CLUB CHOICE

## CLUB MEETING SCHEDULE

**JULY, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           | 1        | 2      | 3        |
| 4      | 5      | 6       | 7         | 8        | 9      | 10       |
| 11     | 12     | 13      | 14        | 15       | 16     | 17       |
| 18     | 19     | 20      | 21        | 22       | 23     | 24       |
| 25     | 26     | 27      | 28        | 29       | 30     | 31       |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: CLUB CHOICE

**AUGUST, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        | 1       | 2         | 3        | 4      | 5        |
| 6      | 7      | 8       | 9         | 10       | 11     | 12       |
| 13     | 14     | 15      | 16        | 17       | 18     | 19       |
| 20     | 21     | 22      | 23        | 24       | 25     | 26       |
| 27     | 28     | 29      | 30        | 31       |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: CLUB CHOICE

**SEPTEMBER, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         | 1         | 2        | 3      | 4        |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |
| 26     | 27     | 28      | 29        | 30       |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: CLUB CHOICE

## CLUB MEETING SCHEDULE

**OCTOBER, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          | 1      | 2        |
| 3      | 4      | 5       | 6         | 7        | 8      | 9        |
| 10     | 11     | 12      | 13        | 14       | 15     | 16       |
| 17     | 18     | 19      | 20        | 21       | 22     | 23       |
| 24     | 25     | 26      | 27        | 28       | 29     | 30       |
| 31     |        |         |           |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: Arthritis, Dr. Wei

**NOVEMBER, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        | 1      | 2       | 3         | 4        | 5      | 6        |
| 7      | 8      | 9       | 10        | 11       | 12     | 13       |
| 14     | 15     | 16      | 17        | 18       | 19     | 20       |
| 21     | 22     | 23      | 24        | 25       | 26     | 27       |
| 28     | 29     | 30      |           |          |        |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC Tapas from Isabella's

**DECEMBER, 2010**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         | 1         | 2        | 3      | 4        |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |
| 26     | 27     | 28      | 29        | 30       | 31     |          |

DATE \_\_\_\_\_

PLACE &  
HOUR \_\_\_\_\_

HOSTESS \_\_\_\_\_

LESSON LEADER \_\_\_\_\_

TOPIC: CLUB CHOICE

DATES TO REMEMBER

**I believe as a homemaker, I have a responsibility to pass on to others in my community any skills or knowledge acquired in my profession.**

- JAN. 1** – New Year’s Day Observed, Extension Office Closed  
**JAN. 5** - Executive Committee Meeting, 9:30-10:00, Extension Office  
**JAN. 5** - Board of Directors' Meeting, 10:00-Noon, Extension Office.  
**JAN. 18** - Martin Luther King Day, Extension Office Closed  
**FEB. 2** - **Lesson Training**, 1-3 PM, Extension Office  
Lesson Leader \_\_\_\_\_  
Topic: **Meals on Wheels**  
**FEB. 15** - Presidents' Day, Extension Office Closed  
**MAR. 2**- Executive Committee Meeting, 9:30-10:00, Extension Office  
**MAR. 2** - Board of Directors' Meeting, 10:00-Noon, Extension Office.  
**MAR. 2** – **Lesson Training**, 1-3 PM, Extension Office  
Lesson Leader \_\_\_\_\_  
Topic: **What's New in your National Home Parks? - Cathy Beeler, Park Ranger**  
**APR. 2** – Good Friday, Happy Easter! Extension Office Closed  
**APR. 6** - **Lesson Training**, 1-3 PM, Extension Office  
Lesson Leader \_\_\_\_\_  
Topic: **Looking Good – Madeline Green**  
**APR. 21-28** - 2010 ACWW TRIENNIAL CONFERENCE,  
Hot Springs, Arkansas, USA  
**APR. 27** - ANNUAL MEETING 2009, 10 am -2pm  
Hosted by: Johnsville/Mount Pleasant Homemakers Clubs  
Place: Jefferson Ruritan  
**MAY 4**- Executive Committee Meeting, 9:30 -10:00, Extension Office  
**MAY 4**- Board of Directors' Meeting, 10:00-Noon, Extension Office  
**MAY 4**- **Lesson Training**, 1 -3 PM, Extension Office  
Lesson Leader \_\_\_\_\_  
Topic: **Frederick County Public Libraries, Daryl Batson**  
**MAY 31** - Memorial Day Observed, Extension Office Closed  
**JUNE 14** - Flag Day  
**JULY 4** - Independence Day Observed - Extension Office Closed

DATES TO REMEMBER

- JULY 18-20** – National FCE, Grand Rapids, Michigan  
**SEPT 6** - Labor Day, Extension Office Closed  
**SEPT 7**-Executive Committee Meeting, 10:00-Noon, Extension Office  
**SEPT 14**- Board of Directors' Meeting 10:00 AM-4-H Camp Center  
All members welcome! Covered Dish  
Everyone bring one dish,your place setting & an auction item.  
**SEPT 20 - 24** –Demonstrations at Frederick Fair, Monday – Friday.  
**SEP 27**- FCE Region II Meeting – Hosted by Montgomery County,  
Montgomery County Extension Office, Derwood, MD  
**OCT 13** - FCE Region I Meeting – Hosted by Allegany County,  
Place TBD  
**SEP/OCT** – Maryland FCE Annual Meeting  
**OCT 3-9** – FCE Week – Celebrate Your Family  
**OCT. 5**- **Lesson Training**, 1 -3 PM, Extension Office  
Lesson Leader \_\_\_\_\_  
Topic: **Arthritis, Dr. Wei**  
**OCT. 11** - Columbus Day, Extension Office Closed  
**NOV. 1** - Annual Maryland FCE Board Meeting, All County  
Presidents must attend to vote for new officers,  
Montgomery County Extension Office, Derwood, MD  
**NOV. 9** - Executive Committee Meeting, 9:30-10:00, Extension Office  
**NOV. 9** - Board of Directors' Meeting, 10:00-Noon, Extension Office  
**NOV 9**-**Lesson Training**, 1-3 PM, Extension Office  
Lesson Leader \_\_\_\_\_  
Topic: **Tapas from Isabella’s**  
**NOV. 11** - Veteran's Day Observed, Extension Office Closed  
**NOV. 25 - 26** - Thanksgiving, Extension Office Closed  
**DEC.** - HOLIDAY ACTIVITY 2010  
Hosted by -  
**DEC. 24 - 31** – Christmas Observed, Extension Office Closed,



**SUPPORT THE TROOPS**  
**TROOP CAP BY SHARON ROBINSON**

**CROCHET** – G Hook if you crochet loosely  
Ch4; sl st to form circle; ch 3  
Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3  
Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3  
Rnd 3: \*2 DC in 1<sup>st</sup> st, 1 DC in next st (Repeat from \* around) sl st to top of ch 3; ch 3  
Rnd 4: Repeat Round 3  
Rnd 5: \*2 DC in 1<sup>st</sup> st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3  
Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3  
Rnd 12: Front post in 1<sup>st</sup> st; Back post in 2<sup>nd</sup> st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.  
**Acceptable colors:** Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

**SOLDIER'S HELMET CAP**

**KNIT** - 4 ply knitting worsted weight yarn, size 10 needles  
Cast on 76 stitches LOOSELY  
K2 P2 until piece measures 6 inches  
Next Row – K2 together across  
Nest Row – Knit across  
Nest Row – K2 together  
Continue in this manner until 5 stitches remain  
Thread yarn through remaining stitches and sew back seam  
**Acceptable colors:** Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

**ITEMS NEEDED**

Hard Candy (in summer) (other candies in winter), Pre-packaged individual snacks, Coffee, Tea, Powdered creamers, Beanie Babies, small stuffed toys, Comic pages, sudoku and crossword puzzles, Instant packets of hot cocoa/oatmeal, microwave popcorn, beef jerky, Matchbox & Hot Wheel Cars, Dental hygiene product samples from dentist, Chapstick, wipes, sample size bottles of hand lotion, deodorant, body wash, foot powder, shampoo, baby wipes, hand sanitizers, Twins Sheets, Socks, Devotionals from church, Soccer Balls, CDs, DVDs, AT&T International Pre-Paid phone cards purchased from the PX, Stationary & Cards so they can write home, Lots of cards & letters of gratitude and encouragement for our troops, Monetary donations to help offset high postage costs.

**ONGOING HOMEMAKERS PROJECTS**

**LAP ROBES**

Lap robes need to measure 36 inch by 36 inch square. They can be knitted or crocheted with heavy yarn. Lap robes may be made with two pieces of material with light batting in between, if needed. With all edges completely sewn, and the three pieces knotted throughout the square. A contrasting pocket can be added 3-4 inches from the top edge. Add ties between 18 to 30 inches long at the top corners.

**CROCHET NURSERY CAP**

Material: Baby Yarn and 'E' Hook

**RIBBING:** Chain 9, turn, single crochet in 2<sup>nd</sup> stitch and across. Chain 1, turn, 8 stitches. Work in back loops only for 12 inches. Slipstitch ends together. DON'T CUT YARN! Continue as follows:

**TOP** Chain 2, work 60 half double crochet across, join in top of chain 2. Work for 3 ¼ inches. To decrease:

Work 5 stitches, work 2 together across. Crochet around.

Work 4 stitches, work 2 together across. Crochet around.

Work 3 stitches, work 2 together across. Crochet around.

Work 2 stitches, work 2 together across. Hole will be about the size of a dime.

Draw yarn through and fasten off.

Make a pom-pom and attach to top. Turn up ribbing if desired

**KNITTED NURSERY CAP**

Size 6 needles for the cap, size 4 needles for pom pom, and 3 ply baby yarn-100% acrylic in pink or blue preferred.

Cast on 68 stitches. Next row Knit 2, Purl 2, to the end of the row. Continue in this pattern for six inches.

Next row Knit 2 together, purl 2 together across the row.

Next row Purl.

Next row Knit 2 together across row.

Next row Purl.

Next row Knit 2 together across row.

Thread needle and take remaining stitches off knitting needle and sew cap.

Pom Pom

Take a 2" wide piece of cardboard, wind yarn around it at least 30 times.

Slide yarn off cardboard carefully; tie in the middle and cut edges (to make separate strands). Trim loose ends. Use yarn to sew pom pom on the cap.

**BABY BLANKETS**

18" x 18" – crocheted, knitted, or made with material. Must be Washable.

| <b><u>CLUB</u></b>                             | <b><u>PRESIDENT</u></b>   |
|--|---|
| EAST FREDERICK<br>3rd Tuesday, 1:00 PM         | ANN HOFFMAN<br>7187 Adirondack Drive<br>Frederick, MD 21702<br>301-898-5296<br><a href="mailto:islington@starpower.net">islington@starpower.net</a> |
| GAMBRILL PARK<br>4th Tuesday, 11:30 AM         | Martha Moser<br>7436 Round Hill Road<br>Frederick, MD 21702<br>301-371-6132<br><a href="mailto:mcatmoser@aol.com">mcatmoser@aol.com</a>             |
| GATHLAND<br>2 <sup>nd</sup> Thursday, 11:00 AM | JANE LIEBERMAN<br>3895 Shadywood Drive<br>Jefferson, MD 21755<br>301-473-7895   |
| GLADE VALLEY<br>2nd Thursday, 7:30 PM          | JENNY WEST<br>501 E. Main Street<br>Thurmont, MD 21788<br>301-271-7845<br><a href="mailto:jennywest229@msn.com">jennywest229@msn.com</a>            |
| JEFFERSON<br>2nd Thursday, 1:00 PM             | SAMMIE HAYAS<br>2392 Broadrun Ct<br>Jefferson, MD 21755<br>301-371-7785<br><a href="mailto:sibhavas@comcast.net">sibhavas@comcast.net</a>           |
| JOHNSVILLE<br>3rd Monday, 1:00 PM              | LINDA PARKER<br>11528 Houck Road<br>Union Bridge, MD 21791<br>410-775-7550<br><a href="mailto:ellecreek2003@yahoo.com">ellecreek2003@yahoo.com</a>  |
| LEWISTOWN<br>3rd Wednesday, 7:30 PM            | LYLA FRANKLIN<br>15855 St Anthony Rd.<br>Thurmont, Md 21788<br>301-447-6545   |

| <b><u>CLUB</u></b>                        | <b><u>PRESIDENT</u></b>  |
|---|--|
| MERRYLAND TRACT<br>3rd Thursday, 12:00 PM | DIANNE BOWERS<br>3246 Jefferson Pike<br>Jefferson, MD 21755<br>301-834-8577  |
| MID-VALLEY<br>1st Wednesday, 12:00 PM     | DEVRA BOESCH<br>2402 Station Road<br>Middletown, MD 21769<br>301-371-6410<br><a href="mailto:fboesch@erols.com">fboesch@erols.com</a>                  |
| MOUNT PLEASANT<br>3rd Monday, 1:00 PM     | GWEN GRANT<br>8104 Sundown Lane<br>Frederick, MD 21702<br>301-662-1511<br><a href="mailto:lgwg44@juno.com">lgwg44@juno.com</a>                         |
| NEW MARKET<br>1st Friday, 1:00 PM         | BETTY THOMPSON<br>11650 Old Annapolis Rd.<br>Frederick, MD 21701<br>301-865-5492<br><a href="mailto:jthom16132@aol.com">jthom16132@aol.com</a>         |
| PLEASANT GROVE<br>4th Monday, 12:00 NOON  | MARGUERITE BURGEE<br>2640 Green Valley Rd.<br>Ijamsville, MD 21754<br>301-865-5901   |
| URBANA<br>3rd Tuesday, 10:00 AM           | MICHELLE CLOSE<br>8320 Ball Road<br>Frederick, MD 21704<br>301-695-0108<br><a href="mailto:primrozez@comcast.net">primrozez@comcast.net</a>            |
| WALKERSVILLE<br>2nd Thursday, 1:00 PM     | HELEN SHEPPARD<br>8613 Discovery Blvd.<br>Walkersville, MD 21793<br>301-898-3464<br><a href="mailto:BruceHelenShep@msn.com">BruceHelenShep@msn.com</a> |