

FREDERICK COUNTY HOMEMAKERS' CREED

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Ray H. Smith, Jug Bridge Homemakers Club



Frederick County Homemakers

2012 Program Book

EDUCATING PEOPLE
TO
HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

dunade.com/fredmdhomemakers

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SUGGESTED ORDER OF BUSINESS

- CALL TO ORDER
- OPENING (Creed) (Pledge)
- LESSON OR SPECIAL PROGRAM
- BUSINESS MEETING
 - Roll Call – Introduction of Guests
 - Minutes
 - Treasurer's Report
 - Committee Reports
 - Project Feature
 - Director's Report
 - Old Business
 - New Business
- RECREATION

GOOD MEETINGS:

- Are planned
- Keep to business at hand
- Are orderly



GOALS FOR THE HOMEMAKER

1. To pool your judgment and experience for the progressive improvement of the home and community.
2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
3. To be conscious of your image and strive to improve it.
4. To become involved in membership building.

CLUB GOALS

**JANUARY 1, 2012 -
DECEMBER 31, 2012**

**PROGRAM OF
FREDERICK COUNTY
HOMEMAKERS' CLUBS**

NAME _____

CLUB _____

PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the ACWW. Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

Letter from the President

Another year has come and gone. I enjoyed all of our lessons and meetings. I hope you learned something useful about card making, recycling, volunteering, gardening, flower making, bullying and Crockpot cooking. At the Spring Annual Meeting at Homewood and the September Board Meeting at the 4-H center, we had great turnouts and very enjoyable company and programs. Our demonstrations at the Great Frederick Fair were very well received with lots of flower making, embroidery, lamp making, wreath making, egg decorating, pumpkin making, and, of course, our great Children's Book Give-A-Way.

This year is one to look forward to. There will be super programs on Eastern European cooking, gardening, stink bugs, memory enhancement, Meals in a jar, and Frederick Tourism.

Let's continue to support our families, friends, and communities with our heads, hearts, and hands.

Libby Wade, President

LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT _____

VICE PRESIDENT _____

SECRETARY _____

TREASURER _____

PARLIAMENTARIAN _____

HISTORIAN _____

DIRECTOR _____

ANNUAL MEETING _____

CRAFTS _____

EDUCATION:

COMMUNITY PROJECTS _____

ENVIRONMENT/PROGRAM _____

FAMILY/PROGRAM _____

GLOBAL/PROGRAM _____

FREDERICK FAIR _____

HOLIDAY ACTIVITY _____

MEMBERSHIP _____

PUBLIC RELATIONS/NEWS COLUMN _____

COUNTY OFFICERS 2012

PRESIDENT

Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

PRESIDENT-ELECT

1 year term for 2012
Starr Myklebust 301-898-9222
10115 Harp Road Mount Pleasant
Walkersville, MD 21793 starm@comcast.net

VICE PRESIDENT / PROGRAM BOOK/FAIR

Starr Myklebust 301-898-9222
10115 Harp Road Mount Pleasant
Walkersville, MD 21793 starm@comcast.net

PAST PRESIDENT

Elaine Childs 301-834-8247
3508 Petersville Road Gambrill Park
Rosemont, MD 21758 childsel@msn.com

SECRETARY

Michelle Close 301-695-0108
8320 Ball Road Urbana
Frederick, MD 21704 primrozez@comcast.net

TREASURER

Joyce Gregory 301-416-7782
147 Buttercup Drive Mid-Valley
Hagerstown, MD 21740 jelaineg70@hotmail.com

PARLIAMENTARIAN

Kathryn Nicodemus 301-845-6622
Box 335 Walkersville
Walkersville, MD 21793 nicsnest52@yahoo.com

COUNTY COMMITTEES 2011

HISTORIAN

Linda Parker 410-775-7550
11528 Houck Road Johnsville
Union Bridge, MD 21791 ellecreek2003@yahoo.com

COORDINATOR FOR 4-H

Jane Smith 301-473-8259
P.O. Box 547 Jefferson
Jefferson, MD 21755 csmith2748@comcast.net

CRAFTS

Gwen Grant 301-662-1511
8104 Sundown Lane Mount Pleasant
Frederick, MD 21702 lgwg44@juno.com

EDUCATION: COMMUNITY PROJECTS

Sally Miller 410-775-2994
1510 River Way Drive Mount Pleasant
Keymar, MD 21757 samillermt@gmail.com

ENVIRONMENT

Lyla Franklin 301-447-6545
15855 St Anthony Rd. Lewistown
Thurmont, Md 21788 rlediger@juno.com

FAMILY

Ellen Bartlett 301-662-6284
P.O. Box 280 Urbana
Buckeystown, MD 21717 ellenb4317@yahoo.com

COUNTY COMMITTEES 2011

GLOBAL

Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com

MEMBERSHIP

Martha Moser 301-371-6132
7436 Round Hill Road Gambrell Park
Frederick, MD 21702 mcatmoser@aol.com

EDITOR/PUBLIC RELATIONS

Devra Boesch 301-371-6410
2402 Station Road Mid-Valley
Middletown, MD 21769 fboesch@erols.com

F.C.E. REPRESENTATIVE

Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com



DATES TO REMEMBER 2012

ANNUAL MEETING 2012

Hosted by: Mid-Valley
Date: April 2012
Place:
Program:

SEPTEMBER BOARD MEETING

Date: September 11, 2012 -- starting at 10:00 a.m.
Place: 4-H CAMP CENTER
Program: Classy Cupcakes
Lunch: Bring a dish and your place setting
Kitchen: Johnsville
Auction: Bring an auction item

**HOMEMAKER DEMONSTRATIONS
AT THE GREAT FREDERICK FAIR**

Date: Monday, September 17 – Friday, September 21, 2012

HOLIDAY ACTIVITY 2012

Club: Homemakers Club
Date: To be determined
Place: To be determined

**UNIVERSITY OF MARYLAND EXTENSION,
FREDERICK COUNTY
TEMPORARY LOCATION**

5370 PUBLIC SAFETY PLACE, FREDERICK, MD 21704-6677
GPS Address=8349 Reichs Ford Road
ORIGINAL LOCATION (being renovated)
330 MONTEVUE LANE, FREDERICK, MD 21702

OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY
Linda Smith, 301-600-1599, Administrative Assistant, Family &
Consumer Sciences, Nancy Lewis, 301-600-1598, Faculty Extension
Assistant, Deborah Rhoades, 301-600-3573, Faculty Extension
Assistant

CLUB MEETING SCHEDULE

JANUARY, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

FEBRUARY, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Stink Bugs, Julia Cubic, Master Gardener**

MARCH, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Eastern European Cooking, Mikki Stratmeyer**

CLUB MEETING SCHEDULE

APRIL, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Frederick Tourism, John Siestler at Tourism Center**

MAY, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Gardening in Drought Conditions, Phyllis Heurman**

JUNE, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

CLUB MEETING SCHEDULE

JULY, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

AUGUST, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

SEPTEMBER, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

CLUB MEETING SCHEDULE

OCTOBER, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Meals in a Jar, Gwen Grant

NOVEMBER, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Memory Enhancement Staying Mentally Sharp, Senior Center Councilor

DECEMBER, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

DATES TO REMEMBER

I believe as a homemaker, I have a responsibility to pass on to others in my community any skills or knowledge acquired in my profession.

DEC 31 – New Year’s Day Observed, Extension Office Closed

JAN. 10 - Executive Committee Meeting, 9:30-10:00, Extension Office

JAN. 10 - Board of Directors' Meeting, 10:00-Noon, Extension Office.

JAN. 17- Martin Luther King Day, Extension Office Closed

FEB. 1 - Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Stink Bugs, Julia Cubic, Master Gardener**

FEB. 20 - Presidents' Day, Extension Office Closed

MAR. 6- Executive Committee Meeting, 9:30-10:00, Extension Office

MAR. 6 - Board of Directors' Meeting, 10:00-Noon, Extension Office.

MAR. 6 – Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Eastern European Cooking, Mikki Stratmeyer**

APR. 3 - Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Frederick Tourism, John Siestler at Tourism Center**

APR. 6 – Good Friday, Happy Easter! Extension Office Closed

APR. - ANNUAL MEETING 2012, 10 am -2pm

Hosted by: Mid-Valley

Place:

MAY 1- Executive Committee Meeting, 9:30 -10:00, Extension Office

MAY 1- Board of Directors' Meeting, 10:00-Noon, Extension Office

MAY 1- Lesson Training, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **Gardening in Drought Conditions, Phyllis Heurman**

MAY 28 - Memorial Day Observed, Extension Office Closed

JUNE 14 - Flag Day

JULY 4 - Independence Day Observed - Extension Office Closed

DATES TO REMEMBER

JULY 19-22 – 2012 FCE National Conference at Holiday Inn Cincinnati Airport, Erlanger, Kentucky

SEPT 3 - Labor Day, Extension Office Closed

SEPT 4 -Executive Committee Meeting, 10:00-Noon, Extension Office

SEPT 11 -Board of Directors' Meeting 10:00 am-4H Camp Center

All members welcome! Covered Dish

Everyone bring a dish, your place setting & an auction item

Classy Cupcakes

SEPT 17-21 –Demonstrations at Frederick Fair, Monday – Friday.

SEPT 23-25 – CWC- Country Women’s Council, USA, Manchester, New Hampshire - Radisson Hotel Manchester

SEP/OCT – Maryland FCE Regional Meetings-

Region I – Carroll County

Region II – Prince George’s County

OCT 14-20–FCE Week – Celebrate Your Family

OCT 2 - Lesson Training, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **Meals in a Jar, Gwen Grant**

OCT 8 - Columbus Day, Extension Office Closed

NOV 5 – Annual Maryland FCE Board Meeting, All County

Presidents must attend to vote for new officers,

Montgomery County Extension Office, Derwood, MD

NOV 13 - Executive Committee Meeting, 9:30-10:00, Extension Office

NOV 13 - Board of Directors' Meeting, 10:00-Noon, Extension Office

NOV 13 -Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Memory Enhancement Staying Mentally Sharp, Senior Center Councilor**

NOV 11 - Veteran's Day Observed, Extension Office Closed

NOV 22 - 23 - Thanksgiving, Extension Office Closed

DEC - HOLIDAY ACTIVITY 2012

Hosted by -

DEC. 24 - 31 – Christmas Observed, Extension Office Closed

CANCER CAP BY SHARON ROBINSON

CROCHET – G Hook if you crochet loosely

Ch4; sl st to form circle; ch 3

Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3

Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3

Rnd 3: *2 DC in 1st st, 1 DC in next st (Repeat from * around) sl st to top of ch 3; ch 3

Rnd 4: Repeat Round 3

Rnd 5: *2 DC in 1st st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3

Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3

Rnd 12: Front post in 1st st; Back post in 2nd st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

CANCER CAP

KNIT - 4 ply knitting worsted weight yarn, size 10 needles

Cast on 76 stitches LOOSELY

K2 P2 until piece measures 6 inches

Next Row – K2 together across Nest Row – Knit across

Nest Row – K2 together

Continue in this manner until 5 stitches remain

Thread yarn through remaining stitches and sew back seam

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi

Clothing Protectors (adult bibs)

Call Starr Myklebust 301-898-9222 and she will send you a full sized pattern.

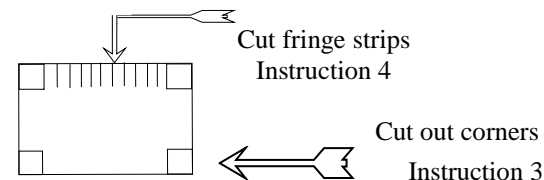
Place pattern on folded fabric with the straight side on the fold as marked on pattern. Cut 2 of these for each bib. You may use the same fabric or 2 different fabrics for each side. Place cut pieces right sides together and stitch with 3/8 or 5/8 inch seam allowances, all around the pieces except for the inside of the neck. Clip curves, turn and press well. Finish neck edge with single fold bias tape. Put buttons or snaps on the neck, having 2 different positions so the neck may be for different sized necks. Do not use velcro, have you ever had your neck hair caught in velcro?



ONGOING HOMEMAKERS PROJECTS

No-Sew Fleece Throw (Lap Robe)

Cut 2 pieces of Fleece 48" x 60". Same color or coordinating fleece patterns. Place fleece layers wrong sides together. Cut 6" x 6" squares out of both pieces of fleece at each corner. (cut both layers at same time. To make fringe, cut 6" into fleece at 1/2" intervals around all 4 sides of both layers. Knot fringe pieces together, using 1 strand from top layer & one strand from bottom. You can buy the fleece by the yard or Joann Fabric sells kits for the "No Sew Fleece Throw." Be sure to use their Coupons.



CROCHET NURSERY CAP

Material: Baby Yarn and 'E' Hook

RIBBING: Chain 9, turn, single crochet in 2nd stitch and across. Chain 1, turn, 8 stitches. Work in back loops only for 12 inches. Slipstitch ends together. DON'T CUT YARN! Continue as follows:

TOP Chain 2, work 60 half double crochet across, join in top of chain 2. Work for 3 1/4 inches. To decrease:

Work 5 stitches, work 2 together across. Crochet around.

Work 4 stitches, work 2 together across. Crochet around.

Work 3 stitches, work 2 together across. Crochet around.

Work 2 stitches, work 2 together across. Hole will be about the size of a dime.

Draw yarn through and fasten off.

Make a pom-pom and attach to top. Turn up ribbing if desired

KNITTED NURSERY CAP

Size 6 needles for the cap, size 4 needles for pom pom, and 3 ply baby yarn- 100% acrylic in pink or blue preferred.

Cast on 68 stitches. Next row Knit 2, Purl 2, to the end of the row. Continue in this pattern for six inches.

Next row Knit 2 together, purl 2 together across the row. Next row Purl.

Next row Knit 2 together across row. Next row Purl.

Next row Knit 2 together across row.

Thread needle & take remaining stitches off knitting needle and sew cap.

Pom Pom

Take a 2" wide piece of cardboard, wind yarn around it at least 30 times. Slide yarn off cardboard carefully; tie in the middle and cut edges (to make separate strands).

Trim loose ends. Use yarn to sew pom pom on the cap.

BABY BLANKETS

18" x 18" – crocheted, knitted, or made with material. Must be Washable.

<u>CLUB</u>	<u>PRESIDENT</u>
EAST FREDERICK 3rd Tuesday, 1:00 PM	ANN HOFFMAN 7187 Adirondack Drive Frederick, MD 21702 301-898-5296 peneloperoberts@comcast.net
GAMBRILL PARK 4th Tuesday, 11:30 AM	ELAINE CHILDS 3508 Petersville Road Rosemont, MD 21758 301-834-8247 childsel@msn.com
GATHLAND 2 nd Thursday, 11:00 AM	JANE LIEBERMAN 3895 Shadywood Drive Jefferson, MD 21755 301-473-7895 jane.lieberman@comcast.net
GLADE VALLEY 2 nd Thursday, 7:30 PM	CHERYL HICKLE 208 N Main Street Woodsboro, MD 21798 240 422-5230 - Cell phone cah12ret@gmail.com
JEFFERSON 2nd Thursday, 1:00 PM	SAMMIE HAYAS 2392 Broadrun Ct Jefferson, MD 21755 301-371-7785 sjbhayas@comcast.net
JOHNSVILLE 3rd Monday, 1:00 PM	LINDA PARKER 11528 Houck Road Union Bridge, MD 21791 410-775-7550 ellecreek2003@yahoo.com
LEWISTOWN 3rd Wednesday, 7:30 PM	CASSANDRA CORRIDON (Sandy) 116 East Third Street Frederick, MD 21701 301-694-6801 Corridon@umd.edu

<u>CLUB</u>	<u>PRESIDENT</u>
MERRYLAND TRACT 3rd Thursday, 12:00 PM	DIANNE BOWERS 3246 Jefferson Pike Jefferson, MD 21755 301-834-8577
MID-VALLEY 1st Wednesday, 12:00 PM	DEVRA BOESCH 2402 Station Road Middletown, MD 21769 301-371-6410 fboesch@erols.com
MOUNT PLEASANT 3rd Monday, 12:00 PM	GWEN GRANT 8104 Sundown Lane Frederick, MD 21702 301-662-1511 lgwg44@juno.com
NEW MARKET 1st Friday, 1:00 PM	BETTY THOMPSON 11650 Old Annapolis Rd. Frederick, MD 21701 301-865-5492 jl bathompson@comcast.net
URBANA 3rd Tuesday, 10:00 AM	MICHELLE CLOSE 8320 Ball Road Frederick, MD 21704 301-695-0108 primrozez@comcast.net
WALKERSVILLE 2nd Thursday, 1:00 PM	RITA ROBERSON, Secretary 200 Chapel Ct. #111 Walkersville, Md 21793 301-845-8246 gramrita@verizon.net