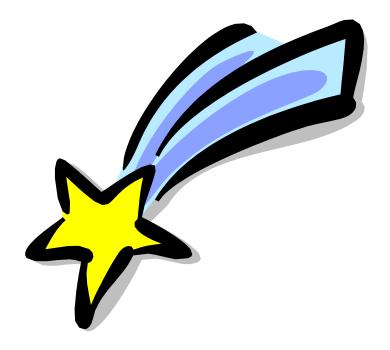
#### FREDERICK COUNTY HOMEMAKERS' CREED

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Ray H. Smith, Jug Bridge Homemakers Club



# Frederick County Homemakers

# 2013 Program Book

EDUCATING PEOPLE TO HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

dunade.com/fredmdhomemakers

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Frederick County Homemakers' Creed back

#### **SUGGESTED ORDER OF BUSINESS**

CALL TO ORDER

OPENING (Creed) (Pledge)

LESSON OR SPECIAL PROGRAM

**BUSINESS MEETING** 

Roll Call – Introduction of Guests

Minutes

Treasurer's Report

**Committee Reports** 

Project Feature

Director's Report

**Old Business** 

**New Business** 

**RECREATION** 

#### **GOOD MEETINGS:**

- Are planned
- Keep to business at hand
- Are orderly



#### GOALS FOR THE HOMEMAKER

- 1. To pool your judgment and experience for the progressive improvement of the home and community.
- 2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
- 3. To be conscious of your image and strive to improve it.
- 4. To become involved in membership building.

#### **CLUB GOALS**

JANUARY 1, 2013 - DECEMBER 31, 2013

PROGRAM OF FREDERICK COUNTY HOMEMAKERS' CLUBS

NAME_			
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#### PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the ACWW. Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

## **Letter from the President**

I hope everyone has had a super enjoyable past two years as I have. The programs were all great. The spring annual meetings and fall board of directors meetings were super. I enjoyed every minute of being the Frederick County Homemaker President.

Let's continue to support our families, friends, and communities with our heads, hearts, and hands.

## Ribby Wade Past President

It has been very interesting seeing our Homemaker's clubs change with the times. Through the strong leadership and participation of members in the past, we have accomplished a lot. Each year we try to have different programs that will help us and our community grow. I think we have been successful in the past and I know that we hope for the same in the future. It is always good to gain knowledge, skills and new insights each year. This year we will learn about the County's Master Plan, "Who Takes What?", de cluttering our homes, what is new with Frederick Memorial Hospital, Autism, Crafts you can do with children or grandchildren, and a cooking lesson from an area restaurant. We will also do demonstrations at the fair and continue to give away books. The book giveaway is such a popular and worthwhile project. Don't forget to save books again this year, they can be picked up any time.

I look forward to the new year and with the help of those experienced people guiding me, it should be a great one. Isn't it wonderful that we can do so much when we all work together?

Starr Myklebust, President.

#### LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT
VICE PRESIDENT
SECRETARY
TREASURER
PARLIAMENTARIAN
HISTORIAN
DIRECTOR
ANNUAL MEETING
CRAFTS
EDUCATION: COMMUNITY PROJECTS
ENVIRONMENT/PROGRAM
FAMILY/PROGRAM
GLOBAL/PROGRAM
FREDERICK FAIR
HOLIDAY ACTIVITY
MEMBERSHIP
PUBLIC RELATIONS/NEWS COLUMN

#### **COUNTY OFFICERS 2013**

#### **COUNTY COMMITTEES 2013**

•

Starr Myklebust 301-898-9222 10115 Harp Road Mount Pleasant Walkersville, MD 21793 starrm@comcast.net

PRESIDENT-ELECT 1 year term for 2014

#### VICE PRESIDENT / PROGRAM BOOK/FAIR

Linda Parker 410-775-7550 11528 Houck Road Johnsville Union Bridge, MD 21791 **ellecreek2003@yahoo.com** 

#### PAST PRESIDENT

Libby Wade 301-831-8661 6711 Sage Court Urbana Adamstown, MD 21710 dunade@aol.com

#### **SECRETARY**

Donna Bowles 301-473-8452 7229 Bowers Rd Gambrill Park Frederick, MD 21702 donnabowles1@comcast.net

#### **TREASURER**

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### **PARLIAMENTARIAN**

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Elaine Childs 301-834-8247
3508 Petersville Road Gambrill Park
Rosemont, MD 21758 childsel@msn.com

**COORDINATOR FOR 4-H** 

Jane Smith 301-473-8259 P.O. Box 547 Jefferson Jefferson, MD 21755 csmith2748@comcast.net

**CRAFTS** 

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**EDUCATION: COMMUNITY PROJECTS** 

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**ENVIRONMENT** 

Lyla Franklin 301-447-6545 15855 St Anthony Rd. Lewistown Thurmont, Md 21788 rlediger@juno.com

**FAMILY** 

Ellen Bartlett 301-662-6284 P.O. Box 280 Urbana Buckeystown, MD 21717 **ellenb4317@yahoo.com** 

GLOBAL & F.C.E. REPRESENTIVE

Louise Ediger 301-898-9945 10521 Old Frederick Road Lewistown Frederick, MD 21701 rlediger@juno.com

**MEMBERSHIP** 

Martha Moser 301-371-6132 7436 Round Hill Road Gambrill Park Frederick, MD 21702 mcatmoser@aol.com

**EDITOR/PUBLIC RELATIONS** 

Devra Boesch 301-371-6410 2402 Station Road Mid-Valley Middletown, MD 21769 **fboesch@erols.com** 

#### PAST & PRESENT COUNTY PRESIDENTS

FREDERICK COUNTY FEDERATION OF RU	RAL WOMENS CLUBS
Mrs. A. G. McKinney, Walkersville	1922-1925
Mrs. Maurice Coblentz, Middletown	1926-1928
Mrs. Harry L. Davis, New Market	1929-1932
Mrs. Thomas P. Culler, Ballenger	1933-1936
Mrs. E. Earl Remsberg, Buckeystown	1937-1938
Mrs. Elmer Michael, Adamstown	1939-1940
Mrs. J. Homer Remsberg, Middletown	1941-1942
Mrs. Roy Crum, Jug Bridge	1943-1944
RURAL HOMEMAKERS' OF FREDERICK CO	<u>OUNTY</u>
Mrs, Mehrl Ramsburg, Lewistown	1945-1946
FREDERICK COUNTY COUNCIL OF HOME	MAKERS' CLUBS
Mrs. Luther Remsberg, Jefferson	1947-1949
Mrs. J. Arthur Summers, Braddock	1950-1951
Mrs. Edward F. Holter, Middletown	1952-1953
Mrs. Ray Smith, Jug Bridge	1954-1955
Mrs. Paul Willard, Frederick City	1956-1957
Mrs. Millard Eiler, Johnsville	1958-1959
Mrs. Russell Dudrow, Ballenger	1960-1961
Mrs. J. Vernon Coblentz, Middletown	1962-1963
Mrs. Austin Kemp, Gambrill Park	1964-1965
Mrs. Kenneth Bullivant, Myersville	1966-1967
FREDERICK COUNTY COUNCIL OF EXTENSION	HOMEMAKERS' CLUBS
Mrs. George Chick, Merryland Tract	1968-1969
Mrs. Lewis Martz, Lewistown	1970-1972
Mrs. Charles Nicodemus, Walkersville	1973-1974
Mrs. C. Thomas Ford, Monocacy Village	1975-1976
Mrs. Rena Dorrell, (William), Frederick City	1977-1978
Mrs. Betty Thompson, (John), New Market	1979-1980
Mrs. Frances Ahalt, (Richard), Middletown	1981-1982
Mrs. Dorothy Dudrow, (Lester), Buckeystown	1983-1984
Mrs. Betty Falkenstein, (Robert), Myersville	1985-1986
Mrs. Shirley Zimmerman, (Trego), Walkersville	1987-1988
Mrs. Eurath Ann Selckman, (August), Urbana	1989-1990
Mrs. Barbara Lowery, (William), Mid-Valley	1991-1992
Mrs. Ruth Spurrier, (Paul), Johnsville	1993-1994
Mrs. Louise Ediger, (Raymond), Lewistown	1995-1996
Mrs, Eurath Ann Selckman, (August), Urbana	1997-1998
FREDERICK COUNTY HOMEMAKERS' CLU	JBS
Mrs. Ellen Bartlett, (Roscoe), Buckeystown	1999-2000
Mrs. Helen Sheppard, (Bruce, Walkersville	2001-2002
Mrs. Johanna Stull, (Paul), Walkersville	2003-2004
Mrs. Martha Moser, (Austin), Gambrill Park	2005-2006
Mrs. Michelle Close, (Gerald), Urbana	2007-2008
Mrs. Elaine Childs, (Wm Philip), Gambrill Park	2009-2010
Mrs. Elizabeth (Libby) Wade, (Dennis), Urbana	2011-2012
Mrs. Starr Myklebust, (Robert), Pleasant Walk	2013-2014
•	

#### DATES TO REMEMBER 2013

#### **ANNUAL MEETING 2013**

**Hosted by:** Pleasant Walk/Johnsville/Gambrill Park

**Date:**. April 2013

Place: TBA

Program: Operation Second Chance

#### SEPTEMBER BOARD MEETING

**Date:** September 10, 2013 -- starting at 10:00 a.m.

Place: 4-H CAMP CENTER

**Program:** 

Lunch: Bring a dish and your place setting

Kitchen:

Auction: Bring an auction item

#### HOMEMAKER DEMONSTRATIONS AT THE GREAT FREDERICK FAIR

Date: Monday, September 16 – Friday, September 20, 2013

#### **HOLIDAY ACTIVITY 2013**

**Club:** Homemakers Club

**Date:** To be determined **Place:** To be determined

## UNIVERSITY OF MARYLAND EXTENSION, FREDERICK COUNTY

330 MONTEVUE LANE, FREDERICK, MD 21702

OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY Linda Smith, 301-600-1599, Administrative Assistant, Family & Consumer Sciences, Nancy Lewis, 301-600-1598, Faculty Extension Assistant, Deborah Rhoades, 301-600-3573, Faculty

**Extension Assistant** 

## **CLUB MEETING SCHEDULE**

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#### DATES TO REMEMBER

I believe as a homemaker, I have a responsibility to pass on to others in my community any skills or knowledge acquired in my profession.

JAN. 1 – New Year's Day Observed, Extension Office Closed JAN. 8 - Executive Committee Meeting, 9:30-10:00, Extension Office JAN. 8 - Board of Directors' Meeting, 10:00-Noon, Extension Office. JAN. 21- Martin Luther King Day, Extension Office Closed FEB. 5 - Lesson Training, 1-3 PM, Extension Office Lesson Leader Topic: Frederick County's Master Plan, Jim Gugel, Planning Manager, Community Development Division FEB. 18 - Presidents' Day, Extension Office Closed MAR. 5- Executive Committee Meeting, 9:30-10:00, Extension Office MAR. 5 - Board of Directors' Meeting, 10:00-Noon, Extension Office. MAR. 5 – Lesson Training, 1-3 PM, Extension Office Lesson Leader Topic: What's New at Frederick Memorial Hospital, Ken Coffev MAR. 29 – Good Friday, Happy Easter! Extension Office Closed **APR. 2** - **Lesson Training**, 1-3 PM, Extension Office Lesson Leader Topic: Who Takes What? DeClutter and Spring Cleaning, **Gwen Grant** APR. - ANNUAL MEETING 2013, 10 am -2pm Hosted by: Pleasant Walk/Johnsville/Gambrill Park Place: TBA **Program: Operation Second Chance** MAY 7- Executive Committee Meeting, 9:30 -10:00, Extension Office MAY 7- Board of Directors' Meeting, 10:00-Noon, Extension Office MAY 7- Lesson Training, 1 -3 PM, Extension Office Lesson Leader Topic: Autism, Hearth Fire Series, Martha Moser MAY 27 - Memorial Day Observed, Extension Office Closed JUNE 14 - Flag Day JULY 4 - Independence Day Observed Extension Office Closed

#### DATES TO REMEMBER

JULY 18-21 – 2013 FCE National Conference, Fargo, North Dakota **SEPT 2** - Labor Day, Extension Office Closed **SEPT 3** -Executive Committee Meeting, 10:00-Noon, Extension Office **SEPT 10** -Board of Directors' Meeting 10:00 am-4H Camp Center All members welcome! Covered Dish Everyone bring a dish, your place setting & an auction item Classy Cupcakes **SEPT 16-20** – Demonstrations at Frederick Fair, Monday – Friday. **SEPT** – CWC- Country Women's Council, USA 2013 - No **Annual CWC Meeting SEP/OCT** – Maryland FCE State Conference-Montgomery County OCT 13-19-FCE Week - Celebrate Your Family OCT 1 - Lesson Training, 1 -3 PM, Extension Office Lesson Leader Topic: Crafts You Can Do With Children, Gwen Grant OCT 14 - Columbus Day, Extension Office Closed NOV 4 - Annual Maryland FCE Board Meeting, All County Presidents must attend to vote for new officers, Montgomery County Extension Office, Derwood, MD NOV 5 - Executive Committee Meeting, 9:30-!0:00, Extension Office NOV 5 - Board of Directors' Meeting, 10:00-Noon, Extension Office NOV 5 -Lesson Training, 1-3 PM, Extension Office Lesson Leader Topic: Cooking, Local Restaurant, Gwen Grant NOV 11 - Veteran's Day Observed, Extension Office Closed NOV 28 - 29 - Thanksgiving, Extension Office Closed **DEC** - HOLIDAY ACTIVITY 2013 Hosted by -DEC. 24 - 31 – Christmas Observed, Extension Office Closed

#### CANCER CAP BY SHARON ROBINSON

**CROCHET** – G Hook if you crochet loosely

Ch4; sl st to form circle; ch 3

Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3

Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3

Rnd 3: \*2 DC in 1<sup>st</sup> st, 1 DC in next st (Repeat from \* around) sl st to top of ch 3: ch 3

Rnd 4: Repeat Round 3

Rnd 5: \*2 DC in 1<sup>st</sup> st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3

Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3

Rnd 12: Front post in 1<sup>st</sup> st; Back post in 2<sup>nd</sup> st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.

**Acceptable colors**: Tans, Brown, Grey, Med Green, Navy or Dark Multi Colors

#### ADULT CAP

**KNIT** - 4 ply knitting worsted weight yarn, size 10 needles

Cast on 76 stitches LOOSELY

K2 P2 until piece measures 6 inches

Next Row – K2 together across Nest Row – Knit across

Nest Row – K2 together

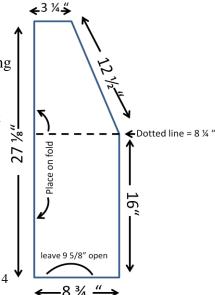
Continue in this manner until 5 stitches remain

Thread yarn through remaining stitches and sew back seam

Acceptable colors: Tans, Brown, Grey, Med Green, Navy or Dark Multi

## **Tuckable Napkin**

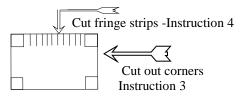
Cut out 2 of the same or coordinating fabrics, being careful to place long straight edge on the fold. Open up the pieces and lay right side to right side and stitch together leaving a 9 5/8" opening at the bottom for turning the sewn together pieces to right side. Press edges and stitch around finished edges with opened bottom shut and pressed. If you can, use prewashed fabric.



#### ONGOING HOMEMAKERS PROJECTS

#### **No-Sew Fleece Throw (Lap Robe)**

Cut 2 pieces of Fleece 48" x 60". Same color or coordinating fleece patterns. Place fleece layers wrong sides together. Cut 6" x 6" squares out of both pieces of fleece at each corner. (cut both layers at same time. To make fringe, cut 6" into fleece at 1 ½" intervals around all 4 sides of both layers. Knot fringe pieces together, using 1 strand from top layer & one strand from bottom. You can buy the fleece by the yard or Joann Fabric sells kits for the "No Sew Fleece Throw." Be sure to use their Coupons.



#### CROCHET NURSERY CAP

Material: Baby Yarn and 'E' Hook

<u>RIBBING</u>: Chain 9, turn, single crochet in 2<sup>nd</sup> stitch and across. Chain 1, turn, 8 stitches. Work in back <u>loops only</u> for 12 inches. Slipstitch ends together. DON'T CUT YARN! Continue as follows:

<u>TOP</u> Chain 2, work 60 half double crochet across, join in top of chain 2. Work for 3 \(^1/4\) inches. To decrease:

Work 5 stitches, work 2 together across. Crochet around.

Work 4 stitches, work 2 together across. Crochet around.

Work 3 stitches, work 2 together across. Crochet around.

Work 2 stitches, work 2 together across. Hole will be about the size of a dime. Draw yarn through and fasten off.

Make a pom-pom and attach to top. Turn up ribbing if desired

#### EASY KNITTED BABY CAP

Use size 6 or 7 needles. Cast on 48 Stitches. Knit 5 Rows.

Knit 1 Row, Purl 1 Row for 4 inches. End with a Purl Row.

Knit 2 together next Row. Purl 2 together next Row.

Knit 2 together next 2 Rows, leaving 3 or 4 stitches. Using a large needle, pull yarn through last stitches. Sew seam together with yarn

#### **BABY BLANKETS**

18" x 18" – crocheted, knitted, or made with material. Must be Washable.

CLUB	PRESIDENT	CLUB	PRESIDENT
EAST FREDERICK 3rd Tuesday, 1:00 PM	ANN HOFFMAN 7187 Adirondack Drive Frederick, MD 21702 301-898-5296 peneloperoberts@comcast.net	MERRYLAND TRACT 3rd Thursday, 12:00 PM	DIANNE BOWERS 3246 Jefferson Pike Jefferson, MD 21755 301-834-8577
GAMBRILL PARK 4th Tuesday, 11:30 AM	MARTHA MOSER 7436 Round Hill Rd Frederick, MD 21702 301-371-6132 mcatmoser@aol.com	MID-VALLEY 1st Wednesday, 12:00 PM	DEVRA BOESCH 2402 Station Road Middletown, MD 21769 301-371-6410 fboesch@erols.com
GATHLAND 2 <sup>nd</sup> Thursday, 11:00 AM	JANE LIEBERMAN 3895 Shadywood Drive Jefferson, MD 21755 301-473-7895 jane.lieberman@comcast.net	NEW MARKET 1st Friday, 1:00 PM	BETTY THOMPSON 11650 Old Annapolis Rd. Frederick, MD 21701 301-865-5492 jlbathompson@comcast.net
GLADE VALLEY 2 <sup>nd</sup> Thursday, 7:30 PM	CHERYL HICKLE 208 N Main Street Woodsboro, MD 21798 240 422-5230 - Cell phone cah12ret@gmail.com	PLEASANT WALK 3rd Monday, 12:00 PM	GWEN GRANT 6908 Bonnie Ridge Dr #202 Baltimore, MD 21209 240-446-1081 lgwg44@juno.com
JEFFERSON 2nd Thursday, 1:00 PM	SAMMIE HAYAS 2392 Broadrun Ct Jefferson, MD 21755 301-371-7785 sjbhayas@comcast.net	URBANA 3rd Tuesday, 10:00 AM	DEBBIE MELTON 9117 John Simmons St Frederick, MD 21704 301-831-1359
JOHNSVILLE 3rd Monday, 1:00 PM	CINDY RUWET 10204 Fountain School Rd Union Bridge, MD 21791 410-775-2459 simplycindy1@yahoo.com		dmmelton@aol.com
LEWISTOWN 3rd Wednesday, 7:30 PM	CASSANDRACORRIDON(Sandy) 116 East Third Street Frederick, MD 21701 301-694-6801 Corridon@umd.edu 16		17