

FREDERICK COUNTY HOMEMAKERS' CREED

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Lloyd Church (Ray H) Smith

Jug Bridge Homemakers Club



Frederick County Homemakers

2015 Program Book

EDUCATING PEOPLE
TO
HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

dunade.com/fredmdhomemakers

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Frederick County Homemakers' Creed --- back

SUGGESTED ORDER OF BUSINESS

- CALL TO ORDER
- OPENING (Creed) (Pledge)
- LESSON OR SPECIAL PROGRAM
- BUSINESS MEETING
 - Roll Call – Introduction of Guests
 - Minutes
 - Treasurer's Report
 - Committee Reports
 - Project Feature
 - Director's Report
 - Old Business
 - New Business
- RECREATION

- GOOD MEETINGS:
- Are planned
 - Keep to business at hand
 - Are orderly



GOALS FOR THE HOMEMAKER

1. To pool your judgment and experience for the progressive improvement of the home and community.
2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
3. To be conscious of your image and strive to improve it.
4. To become involved in membership building.

CLUB GOALS

**JANUARY 1, 2015 -
DECEMBER 31, 2015**

**PROGRAM OF
FREDERICK COUNTY
HOMEMAKERS' CLUBS**

NAME _____

CLUB _____

PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the Associated Country Women of the World (ACWW). Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

Letter from the President

Ladies,

To all our members, thank you for taking a few hours each month to promote homemaking and sharing that time with your neighbors. We are like family to each other and also like a team because we support each other. Thank you for your caring friendship.

All the important things of life can happen in the home. Nurturing, love, laughter and eating. Here is a riddle for you. What is this that if you eat it you will die? The answer-nothing. Of course the care we give and receive in the home sustains us. And not only us but everyone. When Homemakers began, an Extension Agent traveled around the County setting up clubs. She supported and taught until the new club was ready to stand on its own. Perhaps clubs could act as agents for new groups. Thank you for your caring friendship.

I am looking forward to the next two years working with you all. We all want our clubs to thrive so let us make that our goal. Each year we have great programs to enjoy and learn from. Don't forget to save books for the fair.

Thank you again and may God bless you all real good.

Linda Parker, President.

LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT _____

VICE PRESIDENT _____

SECRETARY _____

TREASURER _____

PARLIAMENTARIAN _____

HISTORIAN _____

DIRECTOR _____

ANNUAL MEETING _____

CRAFTS _____

EDUCATION:

COMMUNITY PROJECTS _____

ENVIRONMENT/PROGRAM _____

FAMILY/PROGRAM _____

GLOBAL/PROGRAM _____

FREDERICK FAIR _____

HOLIDAY ACTIVITY _____

MEMBERSHIP _____

PUBLIC RELATIONS/NEWS COLUMN _____

COUNTY OFFICERS 2015

PRESIDENT

Linda Parker 410-775-7550
11528 Houck Road Johnsville
Union Bridge, MD 21791 ellecreek2003@yahoo.com

PRESIDENT-ELECT

1 year term for 2016

VICE PRESIDENT / PROGRAM BOOK/FAIR

Debbie Melton 301-831-1359
9117 John Simmons St
Frederick, MD 21704 dmmelton@aol.com

PAST PRESIDENT

Starr Myklebust 301-898-9222
10115 Harp Road Pleasant Walk
Walkersville, MD 21793 starrm@comcast.net

SECRETARY

Donna Bowles 301-473-8452
7229 Bowers Rd Gambrill Park
Frederick, MD 21702 donnabowles1@comcast.net

TREASURER

Joyce Gregory 301-416-7782
147 Buttercup Drive Mid-Valley
Hagerstown, MD 21740 jelaineg70@hotmail.com

PARLIAMENTARIAN

Kathryn Nicodemus 301-845-6622
Box 335 Pleasant Walk
Walkersville, MD 21793 nicsnest52@yahoo.com

COUNTY COMMITTEES 2015

HISTORIAN

Elaine Childs 301-834-8247
3508 Petersville Road Gambrill Park
Rosemont, MD 21758 childsel@msn.com

COORDINATOR FOR 4-H

Jane Smith 301-473-8259
P.O. Box 547 Jefferson
Jefferson, MD 21755 csmith2748@comcast.net

CRAFTS

Cindy Fuss-Ruwet 410-775-2459
10204 Fountain School Road Johnsville
Union Bridge, MD 21791 simplycindy1@yahoo.com

EDUCATION: COMMUNITY PROJECTS

Sally Miller 410-775-2994
1510 River Way Drive Pleasant Walk
Keymar, MD 21757 samillermt@gmail.com

ENVIRONMENT

Lyla Franklin 301-447-6545
15855 St Anthony Rd. Lewistown
Thurmont, Md 21788 rlediger@juno.com

FAMILY

GLOBAL & F.C.E. REPRESENTIVE

Louise Ediger 301-898-9945
10521 Old Frederick Road Lewistown
Frederick, MD 21701 rlediger@juno.com

MEMBERSHIP

Martha Moser 301-371-6132
7436 Round Hill Road Gambrill Park
Frederick, MD 21702 mcatmoser@aol.com

EDITOR/PUBLIC RELATIONS

Devra Boesch 301-371-6410
2402 Station Road Mid-Valley
Middletown, MD 21769 fboesch@erols.com

PAST & PRESENT COUNTY PRESIDENTS

FREDERICK COUNTY FEDERATION OF RURAL WOMENS CLUBS

Mrs. A. G. McKinney, Walkersville	1922-1925
Mrs. Maurice Coblentz, Middletown	1926-1928
Mrs. Harry L. Davis, New Market	1929-1932
Mrs. Thomas P. Culler, Ballenger	1933-1936
Mrs. E. Earl Remsberg, Buckeystown	1937-1938
Mrs. Elmer Michael, Adamstown	1939-1940
Mrs. J. Homer Remsberg, Middletown	1941-1942
Mrs. Roy Crum, Jug Bridge	1943-1944

RURAL HOMEMAKERS' OF FREDERICK COUNTY

Mrs. Mehrl Ramsburg, Lewistown	1945-1946
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FREDERICK COUNTY COUNCIL OF HOMEMAKERS' CLUBS

Mrs. Luther Remsberg, Jefferson	1947-1949
Mrs. J. Arthur Summers, Braddock	1950-1951
Mrs. Edward F. Holter, Middletown	1952-1953
Mrs. Ray Smith, Jug Bridge	1954-1955
Mrs. Paul Willard, Frederick City	1956-1957
Mrs. Millard Eiler, Johnsville	1958-1959
Mrs. Russell Dudrow, Ballenger	1960-1961
Mrs. J. Vernon Coblentz, Middletown	1962-1963
Mrs. Austin Kemp, Gambrill Park	1964-1965
Mrs. Kenneth Bullivant, Myersville	1966-1967

FREDERICK COUNTY COUNCIL OF EXTENSION HOMEMAKERS' CLUBS

Mrs. George Chick, Merryland Tract	1968-1969
Mrs. Lewis Martz, Lewistown	1970-1972
Mrs. Charles Nicodemus, Walkersville	1973-1974
Mrs. C. Thomas Ford, Monocacy Village	1975-1976
Mrs. Rena Dorrell, (William), Frederick City	1977-1978
Mrs. Betty Thompson, (John), New Market	1979-1980
Mrs. Frances Ahalt, (Richard), Middletown	1981-1982
Mrs. Dorothy Dudrow, (Lester), Buckeystown	1983-1984
Mrs. Betty Falkenstein, (Robert), Myersville	1985-1986
Mrs. Shirley Zimmerman, (Trego), Walkersville	1987-1988
Mrs. Eurath Ann Selckman, (August), Urbana	1989-1990
Mrs. Barbara Lowery, (William), Mid-Valley	1991-1992
Mrs. Ruth Spurrier, (Paul), Johnsville	1993-1994
Mrs. Louise Ediger, (Raymond), Lewistown	1995-1996
Mrs. Eurath Ann Selckman, (August), Urbana	1997-1998

FREDERICK COUNTY HOMEMAKERS' CLUBS

Mrs. Ellen Bartlett, (Roscoe), Buckeystown	1999-2000
Mrs. Helen Sheppard, (Bruce), Walkersville	2001-2002
Mrs. Johanna Stull, (Paul), Walkersville	2003-2004
Mrs. Martha Moser, (Austin), Gambrill Park	2005-2006
Mrs. Michelle Close, (Gerald), Urbana	2007-2008
Mrs. Elaine Childs, (Wm Philip), Gambrill Park	2009-2010
Mrs. Elizabeth (Libby) Wade, (Dennis), Urbana	2011-2012
Mrs. Starr Myklebust, (Robert), Pleasant Walk	2013-2014
Mrs. Linda Parker (Stewart), Johnsville	2015-2016

DATES TO REMEMBER 2015

ANNUAL MEETING 2015

Hosted by: Mid-Valley

Date: April 22, 2015

Place: Middletown AmVets

Program: Southern Mystery Tea

SEPTEMBER BOARD MEETING

Date: September 8, 2015 -- starting at 10:00 a.m.

Place: 4-H CAMP CENTER

Program: Suzuki Violins

Lunch: Bring a dish and your place setting

Kitchen: Pleasant Walk

Auction: Bring an sale item

HOMEMAKER DEMONSTRATIONS

AT THE GREAT FREDERICK FAIR

Date: Monday, September 14 – Friday, September 18, 2015

HOLIDAY ACTIVITY 2015

Club: Johnsville

Date: December 1, 2015

Place: Johnsville Ruritan

Theme: A Country Christmas in Johnsville

UNIVERSITY OF MARYLAND EXTENSION, FREDERICK COUNTY

330 MONTEVUE LANE,
FREDERICK, MD 21702

OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY
Linda Smith, 301-600-1599, Administrative Assistant, Family &
Consumer Sciences, Deborah Rhoades, 301-600-3573, Faculty
Extension Assistant

CLUB MEETING SCHEDULE

JANUARY, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

CLUB MEETING SCHEDULE

APRIL, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Zentangle, Linda Dochter, Certified Instructor**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

FEBRUARY, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Spending Less, Eating Better, Debbie Rhoades, Maryland Extension Office**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MAY, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Scams, Police, Elaine Childs**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

MARCH, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Cooking with Michelle Close**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

CLUB MEETING SCHEDULE

JULY, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: FALL BOARD MEETING AT 4H CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

CLUB MEETING SCHEDULE

OCTOBER, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Ten Ways to Kill a House Plant, Phylis Heuerman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: How to Tie Bows, Cindy Ruwet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER, 2015

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE, A Country Christmas in Johnsville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

DATES TO REMEMBER

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment.

JAN. 1 – New Year’s Day Observed, Extension Office Closed

JAN. 6 - Executive Committee Meeting, 9:30-10:00, Extension Office

JAN. 6 - Board of Directors' Meeting, 10:00-Noon, Extension Office.

JAN. 19- Martin Luther King Day, Extension Office Closed

FEB. 3 - **Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Spending Less, Eating Better, Debbie Rhoades, Maryland Extension Office**

FEB. 16 - Presidents' Day, Extension Office Closed

MAR. 3- Executive Committee Meeting, 9:30-10:00, Extension Office

MAR. 3 - Board of Directors' Meeting, 10:00-Noon, Extension Office.

MAR. 3 – **Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Cooking with Michelle Close**

APR. 3 – Good Friday, Happy Easter! Extension Office Closed

APR. 7 - **Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Zentangle, Linda Dochter, Certified Instructor**

APR. 22 - ANNUAL MEETING 2015, 10 am -2pm

Hosted by: Mid-Valley

Place: Middletown AmVets

Program: Southern Mystery Tea

MAY 5- Executive Committee Meeting, 9:30 -10:00, Extension Office

MAY 5- Board of Directors' Meeting, 10:00-Noon, Extension Office

MAY 5- **Lesson Training**, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **Scams, Police, Elaine Childs**

MAY 25 - Memorial Day Observed, Extension Office Closed

JUNE 14 - Flag Day

JULY 4 - Independence Day Observed Extension Office Closed

DATES TO REMEMBER

JULY 23-27 – 2015 FCE National Conference, Blue Springs, Missouri

SEPT 1 -Executive Committee Meeting, 10:00-Noon, Extension Office

SEPT 7 - Labor Day, Extension Office Closed

SEPT 8 -Board of Directors' Meeting 10:00 am-4H Camp Center

All members welcome! Covered Dish

Everyone bring a dish, your place setting & an auction item

Suzuki Violins

SEPT 14-18 –Demonstrations at Frederick Fair, Monday – Friday.

SEPT 20-22 - 75th General Meeting, Country Women’s Council USA and ACWW USA Annual Meeting, Hyatt Regency Tulsa, Tulsa, Oklahoma

OCT - NOV – Maryland FCE State Conference

OCT 6 - **Lesson Training**, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **Ten Ways to Kill a House Plant, Phylis Heuerman**

OCT 11-17–FCE Week –2nd full week in October

OCT 12 - Columbus Day, Extension Office Closed

NOV 3 - Executive Committee Meeting, 9:30-10:00, Extension Office

NOV 3 - Board of Directors' Meeting, 10:00-Noon, Extension Office

NOV 3-**Lesson Training**, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **How to Tie Bows, Cindy Ruwet**

NOV 11 - Veteran's Day Observed, Extension Office Closed

NOV 26 - 27 - Thanksgiving, Extension Office Closed

DEC 1 - HOLIDAY ACTIVITY 2015

Hosted by – Johnsville

Theme: A Country Christmas in Johnsville

DEC. 24 - 31 – Christmas Observed, Extension Office Closed

CANCER CAP BY SHARON ROBINSON

CROCHET – G Hook if you crochet loosely

Ch4; sl st to form circle; ch 3

Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3

Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3

Rnd 3: *2 DC in 1st st, 1 DC in next st (Repeat from * around) sl st to top of ch 3; ch 3

Rnd 4: Repeat Round 3

Rnd 5: *2 DC in 1st st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3

Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3

Rnd 12: Front post in 1st st; Back post in 2nd st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.

Acceptable colors: Tans, Brown, pretty colors for women

ADULT CAP

KNIT - 4 ply knitting worsted weight yarn, size 10 needles

Cast on 76 stitches LOOSELY

K2 P2 until piece measures 6 inches

Next Row – K2 together across Next Row – Knit across

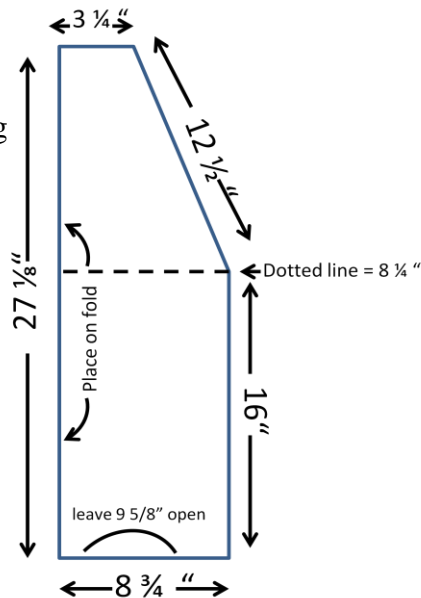
Next Row – K2 together

Continue in this manner until 5 stitches remain

Thread yarn through remaining stitches and sew back seam

Tuckable Napkin

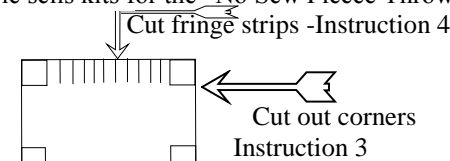
Cut out 2 of the same or coordinating fabrics, being careful to place long straight edge on the fold. Open up the pieces and lay right side to right side and stitch together leaving a 9 5/8" opening at the bottom for turning the sewn together pieces to right side. Press edges and stitch around finished edges with opened bottom shut and pressed. If you can, use prewashed fabric.



ONGOING HOMEMAKERS PROJECTS

No-Sew Fleece Throw (Lap Robe)

Cut 2 pieces of Fleece 48" x 60". Same color or coordinating fleece patterns. Place fleece layers wrong sides together. Cut 6" x 6" squares out of both pieces of fleece at each corner. (cut both layers at same time. To make fringe, cut 6" into fleece at 1 1/2" intervals around all 4 sides of both layers. Knot fringe pieces together, using 1 strand from top layer & one strand from bottom. You can buy the fleece by the yard or Joann Fabric sells kits for the "No Sew Fleece Throw." Be sure to use their Coupons.



Walker Caddie

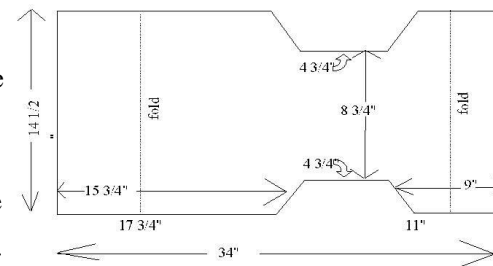
Material: Medium to heavy, reversible and washable fabrics are work best. Ex. Denims, drapery fabrics, etc. If using lightweight fabric, cut two pieces and sew together like a pillowcase.

Cutting: Half inch (1/2) seam allowance is used.

Cut 14 1/2" x 34" on the crosswise or lengthwise grain of the fabric. DO NOT CUT ON BIAS.

Cut an indentation as shown in diagram. (This area goes over the hand bar of the walker)

Sewing: If using a single layer of fabric, hem the ends (becomes the edge of the pockets) or cover them with seam binding. There are two ways to complete the caddie. One; fold the pockets to the right side and bind all of the raw edges with seam tape. Two; fold pocket to wrong side, stitch only the sides of the pockets and turn the pocket to the right side (raw seam will be inside the pocket). Then bind the indentation or turn the edges in and overcast stitch. Divide the pocket sections by stitching halfway across from the bottom of the pocket to the top edge of the pocket. The sides of the pocket may need to be top-stitched. The pocket could be divided into thirds if the recipients have small hands. Finish by sewing Velcro in the area at the base of the indentation. **Delivering:** Enjoy lighting up life of users. Tuck a small pack of Kleenex in pocket if you are personally delivering to individual.



EASY KNITTED BABY CAP

Use size 6 or 7 needles. Cast on 48 Stitches. Knit 5 Rows.

Knit 1 Row, Purl 1 Row for 4 inches. End with a Purl Row.

Knit 2 together next Row. Purl 2 together next Row.

Knit 2 together next 2 Rows, leaving 3 or 4 stitches. Using a large needle, pull yarn through last stitches. Sew seam together with yarn

BABY BLANKETS

18" x 18" – crocheted, knitted, or made with material. Must be Washable.

<u>CLUB</u>	<u>PRESIDENT</u>
GAMBRILL PARK 4th Tuesday, 11:30 AM	MARTHA MOSER 7436 Round Hill Rd Frederick, MD 21702 301-371-6132 mcatmoser@aol.com
GATHLAND 2 nd Thursday, 11:00 AM	JANE LIEBERMAN 3895 Shadywood Drive Jefferson, MD 21755 301-473-7895 jane.lieberman@comcast.net
GLADE VALLEY 2 nd Thursday, 7:30 PM	CHERYL HICKLE 208 N Main Street Woodsboro, MD 21798 240 422-5230 - Cell phone cah12ret@gmail.com
JEFFERSON 2nd Thursday, 1:00 PM	SAMMIE HAYAS 2392 Broadrun Ct Jefferson, MD 21755 301-371-7785 sjbhayas@comcast.net
JOHNSVILLE 3rd Monday, 1:00 PM	CINDY RUWET 10204 Fountain School Rd Union Bridge, MD 21791 410-775-2459 simplycindy1@yahoo.com
LEWISTOWN 3rd Wednesday, 7:30 PM	Heather White-Fitzgerald 17210 Bollinger School Road Emmitsburg, MD 21727 410-756-5850 heatherfamily71@gmail.com

<u>CLUB</u>	<u>PRESIDENT</u>
MERRYLAND TRACT 3rd Thursday, 12:00 PM	DIANNE BOWERS 3246 Jefferson Pike Jefferson, MD 21755 301-834-8577
MID-VALLEY 1st Wednesday, 12:00 PM	DEVRA BOESCH 2402 Station Road Middletown, MD 21769 301-371-6410 fboesch@erols.com
PLEASANT WALK 3rd Monday, 12:00 PM	Phylis Heuerman 5629 Wellspring Ct New Market, MD 21774 301-865-0814 pgheuerman@aol.com
URBANA 3rd Tuesday, 10:00 AM	DEBBIE MELTON 9117 John Simmons St Frederick, MD 21704 301-831-1359 dmmelton@aol.com