

FREDERICK COUNTY HOMEMAKERS' CREED

I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Lloyd Church (Ray H) Smith

Jug Bridge Homemakers Club



Frederick County Homemakers

2018 Program Book

EDUCATING PEOPLE
TO
HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

dunade.com/fredmdhomemakers

TABLE OF CONTENTS

Pennies for Friendship ----- 1
Executive Summary/Welcome Letter----- 2
Local Club Officers & Committees ----- 3
County Officers ----- 4
County Committees ----- 5
Past Presidents ----- 6
Club Lessons & Dates To Remember ---- 7-13
Project Instructions ----- 14-15
Homemakers' Club Roster ----- 16-17
Frederick County Homemakers' Creed --- back

SUGGESTED ORDER OF BUSINESS

- CALL TO ORDER
- OPENING (Creed) (Pledge)
- LESSON OR SPECIAL PROGRAM
- BUSINESS MEETING
 - Roll Call – Introduction of Guests
 - Minutes
 - Treasurer's Report
 - Committee Reports
 - Project Feature
 - Director's Report
 - Old Business
 - New Business
- RECREATION

- GOOD MEETINGS:
- Are planned
 - Keep to business at hand
 - Are orderly



GOALS FOR THE HOMEMAKER

1. To pool your judgment and experience for the progressive improvement of the home and community.
2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
3. To be conscious of your image and strive to improve it.
4. To become involved in membership building.

CLUB GOALS



**JANUARY 1, 2018 -
DECEMBER 31, 2018**

**PROGRAM OF
FREDERICK COUNTY
HOMEMAKERS' CLUBS**

NAME _____

CLUB _____

PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the Associated Country Women of the World (ACWW). Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

Letter from the President

Ladies,

Another New Year and another year for us. What does homemakers mean to you. Creating a great home life for your family. Working in your community. Raising the next generations. I know that being in Homemakers has been good for me in working for these goals.

This year we have some exciting programs and activities to look forward to. We will learn about Sodium and High Blood Pressure, Terrariums, FCE Hearthfire program, Small Batch Preserving, Opioid/MR 13 gang, Making Boxes out of Greeting Cards, and Healthy Home for the Holidays.

We still need to work on getting new members. Be sure to be aware of anyone that you think would want to join us. It would be great to have these new members come to all of our lessons and meetings to learn from our great speakers

Libby Wade, President.

LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT_____

VICE PRESIDENT_____

SECRETARY_____

TREASURER_____

PARLIAMENTARIAN_____

HISTORIAN_____

DIRECTOR_____

ANNUAL MEETING _____

CRAFTS_____

COMMUNITY PROJECTS_____

FCE_____

FREDERICK FAIR_____

HOLIDAY ACTIVITY _____

MEMBERSHIP _____

PUBLIC RELATIONS _____

SUN SHINE_____

COUNTY OFFICERS 2018

PRESIDENT

Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

PRESIDENT-ELECT

1 year term for 2018

VICE PRESIDENT / PROGRAM BOOK/FAIR

Linda Parker 410-775-7550
11528 Houck Road Johnsville
Union Bridge, MD 21791 ellecreek2003@yahoo.com

PAST PRESIDENT

Linda Parker 410-775-7550
11528 Houck Road Johnsville
Union Bridge, MD 21791 ellecreek2003@yahoo.com

SECRETARY

Donna Bowles 301-473-8452
7229 Bowers Rd Gambrill Park
Frederick, MD 21702 donnabowles1@comcast.net

TREASURER

Joyce Gregory 301-416-7782
147 Buttercup Drive Mid-Valley
Hagerstown, MD 21740 jelaineg70@hotmail.com

PARLIAMENTARIAN

Kathryn Nicodemus 301-845-6622
Box 335 Pleasant Walk
Walkersville, MD 21793 nicsnest52@yahoo.com

COUNTY COMMITTEES 2018

HISTORIAN

Elaine Childs 301-834-8247
3508 Petersville Road Gambrill Park
Rosemont, MD 21758 childsel@msn.com

COORDINATOR FOR 4-H

Jane Smith 301-473-8259
P.O. Box 547 Jefferson
Jefferson, MD 21755 csmith2748@comcast.net

CRAFTS

COMMUNITY PROJECTS

Emily Sines 301-898-7951
7707 McKaig Road Pleasant Walk
Frederick, MD 21701 emilysines@comcast.net

F.C.E. REPRESENTIVE

Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

MEMBERSHIP

Martha Moser 240-651-1531
500 Pearson Circle, Apt 2007 Gambrill Park
Frederick, MD 21702 mcatmoser@aol.com

PUBLIC RELATIONS

Devra Boesch 301-371-6410
2402 Station Road Mid-Valley
Middletown, MD 21769 fboesch@erols.com

WEBSITE

Libby Wade 301-831-8661
6711 Sage Court Urbana
Adamstown, MD 21710 dunade@aol.com

PAST & PRESENT COUNTY PRESIDENTS

FREDERICK COUNTY FEDERATION OF RURAL WOMENS CLUBS

| | |
|------------------------------------|-----------|
| Mrs. A. G. McKinney, Walkersville | 1922-1925 |
| Mrs. Maurice Coblentz, Middletown | 1926-1928 |
| Mrs. Harry L. Davis, New Market | 1929-1932 |
| Mrs. Thomas P. Culler, Ballenger | 1933-1936 |
| Mrs. E. Earl Remsberg, Buckeystown | 1937-1938 |
| Mrs. Elmer Michael, Adamstown | 1939-1940 |
| Mrs. J. Homer Remsberg, Middletown | 1941-1942 |
| Mrs. Roy Crum, Jug Bridge | 1943-1944 |

RURAL HOMEMAKERS' OF FREDERICK COUNTY

| | |
|--------------------------------|-----------|
| Mrs. Mehrl Ramsburg, Lewistown | 1945-1946 |
|--------------------------------|-----------|

FREDERICK COUNTY COUNCIL OF HOMEMAKERS' CLUBS

| | |
|-------------------------------------|-----------|
| Mrs. Luther Remsberg, Jefferson | 1947-1949 |
| Mrs. J. Arthur Summers, Braddock | 1950-1951 |
| Mrs. Edward F. Holter, Middletown | 1952-1953 |
| Mrs. Ray Smith, Jug Bridge | 1954-1955 |
| Mrs. Paul Willard, Frederick City | 1956-1957 |
| Mrs. Millard Eiler, Johnsville | 1958-1959 |
| Mrs. Russell Dudrow, Ballenger | 1960-1961 |
| Mrs. J. Vernon Coblentz, Middletown | 1962-1963 |
| Mrs. Austin Kemp, Gambrill Park | 1964-1965 |
| Mrs. Kenneth Bullivant, Myersville | 1966-1967 |

FREDERICK COUNTY COUNCIL OF EXTENSION HOMEMAKERS' CLUBS

| | |
|---|-----------|
| Mrs. George Chick, Merryland Tract | 1968-1969 |
| Mrs. Lewis Martz, Lewistown | 1970-1972 |
| Mrs. Charles Nicodemus, Walkersville | 1973-1974 |
| Mrs. C. Thomas Ford, Monocacy Village | 1975-1976 |
| Mrs. Rena Dorrell, (William), Frederick City | 1977-1978 |
| Mrs. Betty Thompson, (John), New Market | 1979-1980 |
| Mrs. Frances Ahalt, (Richard), Middletown | 1981-1982 |
| Mrs. Dorothy Dudrow, (Lester), Buckeystown | 1983-1984 |
| Mrs. Betty Falkenstein, (Robert), Myersville | 1985-1986 |
| Mrs. Shirley Zimmerman, (Trego), Walkersville | 1987-1988 |
| Mrs. Eurath Ann Selckman, (August), Urbana | 1989-1990 |
| Mrs. Barbara Lowery, (William), Mid-Valley | 1991-1992 |
| Mrs. Ruth Spurrier, (Paul), Johnsville | 1993-1994 |
| Mrs. Louise Ediger, (Raymond), Lewistown | 1995-1996 |
| Mrs. Eurath Ann Selckman, (August), Urbana | 1997-1998 |

FREDERICK COUNTY HOMEMAKERS' CLUBS

| | |
|--|-----------|
| Mrs. Ellen Bartlett, (Roscoe), Buckeystown | 1999-2000 |
| Mrs. Helen Sheppard, (Bruce), Walkersville | 2001-2002 |
| Mrs. Johanna Stull, (Paul), Walkersville | 2003-2004 |
| Mrs. Martha Moser, (Austin), Gambrill Park | 2005-2006 |
| Mrs. Michelle Close, (Gerald), Urbana | 2007-2008 |
| Mrs. Elaine Childs, (Wm Philip), Gambrill Park | 2009-2010 |
| Mrs. Elizabeth (Libby) Wade, (Dennis), Urbana | 2011-2012 |
| Mrs. Starr Myklebust, (Robert), Pleasant Walk | 2013-2014 |
| Mrs. Linda Parker (Stewart), Johnsville | 2015-2016 |
| Mrs. Elizabeth (Libby) Wade, (Dennis), Urbana | 2017- |

DATES TO REMEMBER 2018

ANNUAL MEETING 2018

Hosted by: Pleasant Walk

Date: April 16, 2018

Place: Mt Pleasant Ruritan

Program: Stockman Cancer Institute

SEPTEMBER BOARD MEETING

Date: September 11, 2018 -- starting at 10:00 a.m.

Place: 4-H CAMP CENTER, 3702 Basford Rd, Frederick

Program: Opioid/MR 13 gang
Police/Sheriff

Lunch: Bring a dish and your place setting

Kitchen: Glade Valley

Auction: Bring a sale item

HOMEMAKER DEMONSTRATIONS

AT THE GREAT FREDERICK FAIR

Date: Monday, September 17 – Friday, September 21, 2018

HOLIDAY ACTIVITY 2018

Club: Johnsville

Date: December 5, 2018

Place: Johnsville Ruritan

Theme: TBD

UNIVERSITY OF MARYLAND EXTENSION, FREDERICK COUNTY

330 MONTEVUE LANE,
FREDERICK, MD 21702

OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY
Linda Smith, 301-600-1599, Administrative Assistant, Family &
Consumer Sciences, Deborah Rhoades, 301-600-3573, Extension
Educator, Carrie Sorenson, Extension Educator, 301-600-1598.
Hours are reduced. Call ahead.

CLUB MEETING SCHEDULE

JANUARY, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

FEBRUARY, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Sodium Sensibility, Debbie Rhoades

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | | | |

MARCH, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Terrariums, Kathy Amidon

CLUB MEETING SCHEDULE

APRIL, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Hearthfire FCE Program, Jeanne Purich

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

MAY, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: Make Boxes out of Greeting Cards, Joyce Gregory

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

JUNE, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE OR PICNIC

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

CLUB MEETING SCHEDULE

JULY, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

AUGUST, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

SEPTEMBER, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: FALL BOARD MEETING AT 4H CENTER, **Opioid/MR 13 gang, Police/Sheriff**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

CLUB MEETING SCHEDULE

OCTOBER, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Small Batch Preserving, Carolyn McAlister**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

NOVEMBER, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: **Healthy Home for the Holidays, Carrie Sorenson**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

DECEMBER, 2018

DATE _____

PLACE&HOUR _____

HOSTESS _____

THOUGHT FOR THE DAY _____

TOPIC _____

LESSON LEADER _____

LESSON TRAINING: CLUB CHOICE, **Christmas/Holiday Program**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

DATES TO REMEMBER

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment.

JAN 1 – New Year’s Day Observed, Extension Office Closed

JAN 2 - Executive Committee and Board of Directors' Meeting,
10:00-Noon, Extension Office.

JAN 15- Martin Luther King Day, Extension Office Closed

FEB 6 - Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Sodium Sensibility, Debbie Rhoades**

FEB 19 - Presidents' Day

MAR 6- Executive Committee and Board of Directors' Meeting,
10:00-Noon, Extension Office.

MAR 6 – Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Terrariums, Kathy Amidon**

APR 3 - Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Hearthfire FCE Program, Jeanne Purich**

MAR 30, APR 1 – Good Friday, Happy Easter!

APR 16 - ANNUAL MEETING 2018, 10 am -2pm

Hosted by: Pleasant Walk

Place: Mt Pleasant Ruritan

Program: **Stockman Cancer Institute**

MAY 1- Executive Committee and Board of Directors' Meeting,
10:00-Noon, Extension Office.

MAY 1- Lesson Training, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **Make Boxes out of Greeting Cards, Joyce Gregory**

MAY 28 - Memorial Day Observed, Extension Office Closed

JUNE 14 - Flag Day

JULY 4 - Independence Day, Extension Office Closed

JULY 19-22 – 2018 FCE National Conference, Austin Texas

SEPT 3 - Labor Day, Extension Office Closed

SEPT 4 -Executive Committee Meeting, 10:00-Noon, Extension Office

DATES TO REMEMBER

SEPT 11 -Board of Directors' Meeting 10:00 am-4H Camp Center
All members welcome! Covered Dish

Everyone bring a dish, your place setting & an item for sale

Opioid/MR 13 gang, Police/Sheriff

SEPT 17-21 –Demonstrations at Frederick Fair, Monday – Friday.

OCT 2 - Lesson Training, 1 -3 PM, Extension Office

Lesson Leader _____

Topic: **Small Batch Preserving, Carolyn McAlister**

OCT 8 - Columbus Day, Extension Office Closed

OCT 14 - 20–FCE Week –2nd full week in October

OCT 22-23 – Maryland FCE State Conference

NOV 6 - Executive Committee and Board of Directors' Meeting,
10:00-Noon, Extension Office.

NOV 6 -Lesson Training, 1-3 PM, Extension Office

Lesson Leader _____

Topic: **Healthy Home for the Holidays, Carrie Sorenson**

NOV 11 - Veteran's Day Observed, Extension Office Closed

NOV 22 - 23 - Thanksgiving, Extension Office Closed

DEC 5 - HOLIDAY ACTIVITY 2018

Hosted by – Johnsville

Theme: TBD

DEC. 24 – Jan 2 – Christmas Observed, Extension Office Closed

ONGOING HOMEMAKERS PROJECTS-Foster Children Tote Bag
Materials Needed

1 yard children friendly printed material, 50” cord for drawstring

Instructions

-Cut off 4” from bottom of material (2 handles-4”x18”) Sew right sides together using ½” seam, turn right side out, press

-Fold top of material ¼”, press, then fold down 1 ½” & press again

-Place right sides together and starting 7” from top, stitch down long side and across bottom using ½” seam. Then fold over the top opening and stitch down

-Stitch down casing. Position handles inside top of each side, centered and attach

- Insert cord through casing

ONGOING HOMEMAKERS PROJECTS

CANCER CAP BY SHARON ROBINSON

CROCHET – G Hook if you crochet loosely

Ch4; sl st to form circle; ch 3

Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3

Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3

Rnd 3: *2 DC in 1st st, 1 DC in next st (Repeat from * around) sl st to top of ch 3; ch 3

Rnd 4: Repeat Round 3

Rnd 5: *2 DC in 1st st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3

Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3

Rnd 12: Front post in 1st st; Back post in 2nd st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end.

Acceptable colors: Tans, Brown, pretty colors for women

ADULT CAP

KNIT - 4 ply knitting worsted weight yarn, size 10 needles

Cast on 76 stitches LOOSELY

K2 P2 until piece measures 6 inches

Next Row – K2 together across Nest Row – Knit across

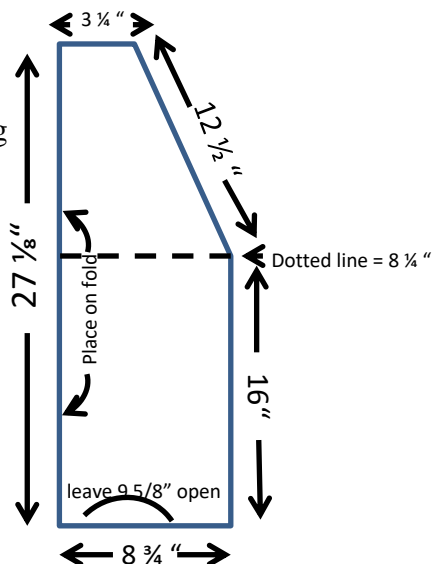
Nest Row – K2 together

Continue in this manner until 5 stitches remain

Thread yarn through remaining stitches and sew back seam

Tuckable Napkin

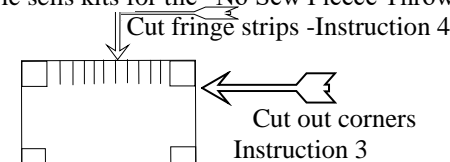
Cut out 2 of the same or coordinating fabrics, being careful to place long straight edge on the fold. Open up the pieces and lay right side to right side and stitch together leaving a 9 5/8" opening at the bottom for turning the sewn together pieces to right side. Press edges and stitch around finished edges with opened bottom shut and pressed. If you can, use prewashed fabric.



ONGOING HOMEMAKERS PROJECTS

No-Sew Fleece Throw (Lap Robe)

Cut 2 pieces of Fleece 48" x 60". Same color or coordinating fleece patterns. Place fleece layers wrong sides together. Cut 6" x 6" squares out of both pieces of fleece at each corner. (cut both layers at same time. To make fringe, cut 6" into fleece at 1 1/2" intervals around all 4 sides of both layers. Knot fringe pieces together, using 1 strand from top layer & one strand from bottom. You can buy the fleece by the yard or Joann Fabric sells kits for the "No Sew Fleece Throw." Be sure to use their Coupons.



Walker Caddie

Material: Medium to heavy, reversible and washable fabrics are work best.

Ex. Denims, drapery fabrics, etc. If using lightweight fabric, cut two pieces and sew together like a pillowcase.

Cutting: Half inch (1/2) seam allowance is used.

Cut 14 1/2" x 34" on the crosswise or lengthwise grain of the fabric. DO NOT CUT ON BIAS.

Cut an indentation as shown in diagram. (This area goes over the hand bar of the walker)

Sewing: If using a single layer of fabric, hem the ends (becomes the

edge of the pockets) or cover them with seam binding. There are two ways to complete the caddie. One; fold the pockets to the right side and bind all of the raw edges with seam tape. Two; fold pocket to wrong side, stitch only the sides of the pockets and turn the pocket to the right side (raw seam will be inside the pocket). Then bind the indentation or turn the edges in and overcast stitch. Divide the pocket sections by stitching halfway across from the bottom of the pocket to the top edge of the pocket. The sides of the pocket may need to be top-stitched. The pocket could be divided into thirds if the recipients have small hands. Finish by sewing Velcro in the area at the base of the indentation. Delivering: Enjoy lighting up life of users. Tuck a small pack of Kleenex in pocket if you are personally delivering to individual.

EASY KNITTED BABY CAP

Use size 6 or 7 needles. Cast on 48 Stitches. Knit 5 Rows.

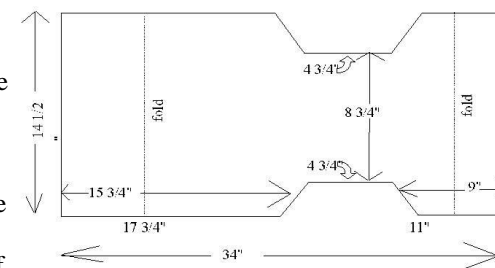
Knit 1 Row, Purl 1 Row for 4 inches. End with a Purl Row.

Knit 2 together next Row. Purl 2 together next Row.

Knit 2 together next 2 Rows, leaving 3 or 4 stitches. Using a large needle, pull yarn through last stitches. Sew seam together with yarn

BABY BLANKETS

18" x 18" – crocheted, knitted, or made with material. Must be Washable.



| CLUB | PRESIDENT |
|--|---|
| GAMBRILL PARK 4th Tuesday, 11:30 AM | JEANETTE JOHNSON 7527B Old Receiver Rd Frederick, MD 21702 240-490-7438 jeanettejohnson@comcast.net |
| GLADE VALLEY 2 nd Thursday, 11:00 AM | BONNIE LEINS 15 Fulton Ave Walkersville, MD 21793 301-845-6057 angelfella@comcast.net VIVIAN MARTIN 9505 Appols Rd Rocky Ridge, MD 21778 301-271-7858 vmartin@msmary.edu |
| JEFFERSON 2nd Thursday, 1:00 PM | JOAN BOYER 2242 Jefferson Pike Knoxville, MD 21758 301-834-8177 joanfb@comcast.net |
| JOHNSVILLE 3rd Monday, 1:00 PM | LINDA PARKER 11528 Houck Road Union Bridge, MD 21791 410-775-7550 ellecreek2003@yahoo.com |

et

m

| CLUB | PRESIDENT |
|---------------------------------------|--|
| MID-VALLEY 1st Wednesday, 12:00 PM | DEVRA BOESCH (director) 2402 Station Road Middletown, MD 21769 301-371-6410 fboesch@erols.com |
| PLEASANT WALK 3rd Monday, 12:00 PM | KATHY AMIDON 921 Shawnee Drive Frederick, MD 21701 315-415-0481 mommom.amidon@gmail.com |
| URBANA 3rd Tuesday, 10:00 AM | LIBBY WADE 6711 Sage Court Adamstown, MD 21710 301-831-8661 dunade@aol.com |