FREDERICK COUNTY HOMEMAKERS' CREED

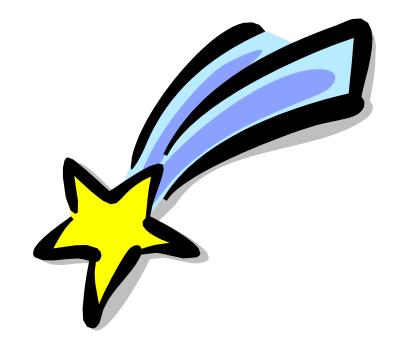
I believe in my home as a place where love, faith, trust and devotion are lived each day and where pleasures and responsibilities are graciously and fully shared. I believe in working together to develop high ideals and to build character worthy of citizenship.

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment with strength and courage for the problems of the day; a place of friendliness and hospitality, rich in abundant living.

I believe as a homemaker I have a responsibility to be alert and diligent, passing on to others in my community any skills or knowledge acquired in my profession. I believe I also have a responsibility to promote good will and world brotherhood; to understand the background and problems of other nations, that peace may prevail upon the earth.

Mrs. Lloyd Church (Ray H) Smith

Jug Bridge Homemakers Club



Frederick County Homemakers

2019 Program Book

EDUCATING PEOPLE TO HELP THEMSELVES

EQUAL OPPORTUNITY PROGRAMS

dunade.com/fredmdhomemakers

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Frederick County Homemakers' Creed back

SUGGESTED ORDER OF BUSINESS

CALL TO ORDER OPENING (Creed) (Pledge) LESSON OR SPECIAL PROGRAM BUSINESS MEETING Roll Call – Introduction of Guests Minutes Treasurer's Report Committee Reports Project Feature Director's Report Old Business New Business RECREATION

GOOD MEETINGS:

- Are planned

- Keep to business at hand

- Are orderly



GOALS FOR THE HOMEMAKER

- 1. To pool your judgment and experience for the progressive improvement of the home and community.
- 2. To spread information to all people of the community by sharing your experiences and what you have learned with your neighbors and friends.
- 3. To be conscious of your image and strive to improve it.
- 4. To become involved in membership building.

CLUB GOALS

JANUARY 1, 2019 -DECEMBER 31, 2019

PROGRAM OF FREDERICK COUNTY HOMEMAKERS' CLUBS

NAME_____

CLUB_____

PENNIES FOR FRIENDSHIP

Pennies for Friendship is a principal source of income for the Associated Country Women of the World (ACWW). Clubs desiring to support the ACWW should make checks payable to Frederick County Homemakers' Clubs marked: "PENNIES FOR FRIENDSHIP" and mail to the County Treasurer at the same time as dues are paid.

Letter from the President

Ladies,

As we start another year, we need to take time to remember what a different time it was when we were young. We should try to bring back some of the old traditions. The one that I enjoyed the most was our family dinners. It was very much like the Sunday dinners that we see on the TV show, Blue Bloods, except of course, ours was every day. We would talk about our day with what we had done and what we had learned. I wonder how many families continue this tradition. Make time for family! Make time for continuing to communicate! Make time for Love!

I think that another goal should be to make an effort to reach out to anyone in our military services to tell them how much we appreciate their contributions to the defense of our country. We often just take these things for granted and don't think about how much we need those who have volunteered to serve.

This year we again have some great programs and lessons for you. We will learn about Recycling, Mediterranean Diet, Self Help, Attracting Beneficial Wildlife, I Can't Remember, Making Xmas Ornaments, Beekeeping, and SHIP. *Cibby Wade*, President.

LOCAL CLUB OFFICERS & COMMITTEES

PRESIDENT
VICE PRESIDENT
SECRETARY
TREASURER
PARLIAMENTARIAN
HISTORIAN
DIRECTOR
ANNUAL MEETING
COMMUNITY PROJECTS
FCE
FREDERICK FAIR
HOLIDAY ACTIVITY
MEMBERSHIP
PUBLIC RELATIONS
SUN SHINE

COUNTY OFFICERS 2019

PRESIDENT

Libby Wade 6711 Sage Court Adamstown, MD 21710

301-831-8661 Urbana dunade@aol.com

1 year term

PRESIDENT-ELECT

Libby Wade 6711 Sage Court Adamstown, MD 21710

301-831-8661 Urbana dunade@aol.com

VICE PRESIDENT / PROGRAM BOOK/FAIR

Fern Hines 11330A Clemsonville Road Union Bridge, MD 21791

410-775-2629 Johnsville fernhines@grandpad.me

PAST PRESIDENT

SECRETARY

Donna Bowles 7229 Bowers Rd donnabowles1@comcast.net Frederick, MD 21702

TREASURER

Joyce Gregory 147 Buttercup Drive Hagerstown, MD 21740

PARLIAMENTARIAN

Kathryn Nicodemus Box 335 Walkersville, MD 21793

301-416-7782 Gambrill Park jelaineg70@hotmail.com

nicsnest52@yahoo.com

301-473-8452

Gambrill Park

301-845-6622 Pleasant Walk

COUNTY COMMITTEES 2019

HISTORIAN

Elaine Childs 3508 Petersville Road Rosemont, MD 21758 **COORDINATOR FOR 4-H** Jane Smith P.O. Box 547 Jefferson, MD 21755

COMMUNITY PROJECTS

Emily Sines 7707 McKaig Road Frederick, MD 21701 **F.C.E. REPRESENTIVE**

Libby Wade 6711 Sage Court Adamstown, MD 21710 **MEMBERSHIP**

Martha Moser 500 Pearson Circle, Apt 2007 Frederick, MD 21702 **PUBLIC RELATIONS**

Devra Boesch 2402 Station Road Middletown, MD 21769 WEBSITE

Libby Wade

6711 Sage Court Adamstown, MD 21710

301-834-8247 Gambrill Park childsel@msn.com

301-473-8259 Jefferson csmith2748@comcast.net

301-898-7951 Pleasant Walk emilysines@comcast.net

> 301-831-8661 Urbana dunade@aol.com

240-651-1531 Gambrill Park mcatmoser@aol.com

301-371-6410 Mid-Valley fboesch@erols.com

301-831-8661 Urbana dunade@aol.com

4

PAST & PRESENT COUNTY PRESIDENTS FREDERICK COUNTY FEDERATION OF RURAL WOMENS CLUBS

FREDERICK COUNTY FEDERATION OF R	URAL WOMENS CLUBS
Mrs. A. G. McKinney, Walkersville	1922-1925
Mrs. Maurice Coblentz, Middletown	1926-1928
Mrs. Harry L. Davis, New Market	1929-1932
Mrs. Thomas P. Culler, Ballenger	1933-1936
Mrs. E. Earl Remsberg, Buckeystown	1937-1938
Mrs. Elmer Michael, Adamstown	1939-1940
Mrs. J. Homer Remsberg, Middletown	1941-1942
Mrs. Roy Crum, Jug Bridge	1943-1944
RURAL HOMEMAKERS' OF FREDERICK (COUNTY
Mrs, Mehrl Ramsburg, Lewistown	1945-1946
FREDERICK COUNTY COUNCIL OF HOMI	EMAKERS' CLUBS
Mrs. Luther Remsberg, Jefferson	1947-1949
Mrs. J. Arthur Summers, Braddock	1950-1951
Mrs. Edward F. Holter, Middletown	1952-1953
Mrs. Ray Smith, Jug Bridge	1954-1955
Mrs. Paul Willard, Frederick City	1956-1957
Mrs. Millard Eiler, Johnsville	1958-1959
Mrs. Russell Dudrow, Ballenger	1960-1961
Mrs. J. Vernon Coblentz, Middletown	1962-1963
Mrs. Austin Kemp, Gambrill Park	1964-1965
Mrs. Kenneth Bullivant, Myersville	1966-1967
FREDERICK COUNTY COUNCIL OF EXTENSIO	N HOMEMAKERS' CLUBS
Mrs. George Chick, Merryland Tract	1968-1969
Mrs. Lewis Martz, Lewistown	1970-1972
Mrs. Charles Nicodemus, Walkersville	1973-1974
Mrs. C. Thomas Ford, Monocacy Village	1975-1976
Mrs. Rena Dorrell, (William), Frederick City	1977-1978
Mrs. Betty Thompson, (John), New Market	1979-1980
Mrs. Frances Ahalt, (Richard), Middletown	1981-1982
Mrs. Dorothy Dudrow, (Lester), Buckeystown	1983-1984
Mrs. Betty Falkenstein, (Robert), Myersville	1985-1986
Mrs. Shirley Zimmerman, (Trego), Walkersville	1987-1988
Mrs. Eurath Ann Selckman, (August), Urbana	1989-1990
Mrs. Barbara Lowery, (William), Mid-Valley	1991-1992
Mrs. Ruth Spurrier, (Paul), Johnsville	1993-1994
Mrs. Louise Ediger, (Raymond), Lewistown	1995-1996
Mrs, Eurath Ann Selckman, (August), Urbana	1997-1998
FREDERICK COUNTY HOMEMAKERS' CL	UBS
Mrs. Ellen Bartlett, (Roscoe), Buckeystown	1999-2000
Mrs. Helen Sheppard, (Bruce), Walkersville	2001-2002
Mrs. Johanna Stull, (Paul), Walkersville	2003-2004
Mrs. Martha Moser, (Austin), Gambrill Park	2005-2006
Mrs. Michelle Close, (Gerald), Urbana	2007-2008
Mrs. Elaine Childs, (Wm Philip), Gambrill Park	2009-2010
Mrs. Elizabeth (Libby) Wade, (Dennis), Urbana	2011-2012
Mrs. Starr Myklebust, (Robert), Pleasant Walk	2013-2014
Mrs. Linda Parker (Stewart), Johnsville	2015-2016
Mrs. Elizabeth (Libby) Wade, (Dennis), Urbana	2017-

DATES TO REMEMBER 2019

ANNUAL MEETING

Hosted by: Homemaker Board Date:. April 16, 2019 Place: Jefferson Ruritan Program: Beekeeping, Liz Baker

SEPTEMBER BOARD MEETING

Date:. September 10, 2019 -- starting at 10:00 a.m.
Place: 4-H CAMP CENTER, 3702 Basford Rd, Frederick
Program: S.H.I.P. Ed Hinde
Lunch: Bring a dish and your place setting
Kitchen: Mid-Valley
Friendship Table: Bring a pre-priced item

HOMEMAKER DEMONSTRATIONS AT THE GREAT FREDERICK FAIR

Date: Monday, September 16 - Friday, September 20, 2019

HOLIDAY ACTIVITY 2019

Club: Johnsville Date: December 4 Place: Johnsville Ruritan Theme: TBD

UNIVERSITY OF MARYLAND EXTENSION, FREDERICK COUNTY

330 MONTEVUE LANE, FREDERICK, MD 21702

OFFICE HOURS: 8:00 A.M. - 4:30 P.M., MONDAY - FRIDAY Linda Smith, 301-600-1599, Administrative Assistant, Family & Consumer Sciences, Deborah Rhoades, 301-600-3573, Extension Educator, Carrie Sorenson, Extension Educator, 301-600-1598. Hours are reduced. Call ahead.

CLUB MEETING SCHEDULE

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CLUB MEETING SCHEDULE

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CLUB MEETING SCHEDULE

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LESSON TRAINING: FALL BOARD MEETING AT 4H CENTER, S.H.I.P. Ed Hinde

CLUB MEETING SCHEDULE

OCTOBER, 2019

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LESSON TRAINING: I Can't Remember, Steve Stoyke, LPN, Dept of Aging

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LESSON TRAINING: Xmas Ornaments, Martha Moser

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DATES TO REMEMBER

I believe in my home as a place where with the Divine Guidance my family will find peace and contentment.

- JAN 1 New Year's Day Observed, Extension Office Closed
- JAN 8 Executive Committee and Board of Directors' Meeting, 10:00-Noon, Extension Office.
- JAN 21- Martin Luther King Day, Extension Office Closed
- **FEB 5** Lesson Training, 1-3 PM, Extension Office Lesson Leader
 - Topic: Recycling, Ann Marie Creamer
- FEB 18 Presidents' Day
- MAR 5- Executive Committee and Board of Directors' Meeting, 10:00-Noon, Extension Office.
- MAR 5 Lesson Training, 1-3 PM, Extension Office Lesson Leader
 - Topic: Mediterranean Diet & Oil & Vinegar, Debbie Rhoades & Sharon Streb, Owner, OIL & VINEGAR located at the Westview Shopping Center on Buckeystown Pike
- **APR 2 Lesson Training**, 1-3 PM, Extension Office Lesson Leader
- Topic: Authors and Books: Karen Smith- "I Didn't See That Coming" and Pati Redmond- "We the Widows"
- APR 16 ANNUAL MEETING 2019, 10 am -2pm
- Hosted by: Homemaker Board
- Place: Jefferson Ruritan
- Program: Beekeeping, Liz Baker
- APR 19, APR 21 Good Friday, Happy Easter!
- MAY 7- Executive Committee and Board of Directors' Meeting, 10:00-Noon, Extension Office.
- MAY 7- Lesson Training, 1 -3 PM, Extension Office Lesson Leader _____
- Topic: Attracting Beneficial Wildlife, Kathy Amidon
- MAY 27 Memorial Day Observed, Extension Office Closed
- JUNE 14 Flag Day
- JULY 4 Independence Day, Extension Office Closed
- JULY 2019 FCE National Conference
- **SEPT 2** Labor Day, Extension Office Closed
- SEPT 3 -Executive Committee Meeting, 10:00-Noon, Extension Office

DATES TO REMEMBER

- **SEPT 10** -Board of Directors' Meeting 10:00 am-4H Camp Center All members welcome! Covered Dish Everyone bring a dish, your place setting & an item for sale S.H.I.P. Ed Hinde **SEPT 16-20** – Demonstrations at Frederick Fair, Monday – Friday. **OCT 1** - Lesson Training, 1 - 3 PM, Extension Office Lesson Leader Topic: I Can't Remember, Steve Stoyke, LPN, Dept of Aging **OCT 14** - Columbus Day OCT 17 - 19-FCE Week –2nd full week in October **OCT/NOV** – Maryland FCE State Conference NOV 5 - Executive Committee and Board of Directors' Meeting, 10:00-Noon, Extension Office. **NOV 5 -Lesson Training**, 1-3 PM, Extension Office Lesson Leader Topic: Xmas Ornaments, Martha Moser NOV 11 - Veteran's Day Observed, Extension Office Closed NOV 28 - 29 - Thanksgiving, Extension Office Closed **DEC 4** - HOLIDAY ACTIVITY 2019 Hosted by – Johnsville, Johnsville Ruritan Theme: TBD DEC. 24 – Jan 2 – Christmas Observed, Extension Office Closed **ONGOING HOMEMAKERS PROJECTS-Foster Children Tote Bag** Materials Needed 1 yard children friendly printed material, 50" cord for drawstring Instructions -Cut off 4" from bottom of material (2 handles-4"x18") Sew right sides together using $\frac{1}{2}$ " seam, turn right side out, press -Fold top of material 1/4", press, then fold down 1 1/2" & press again -Place right sides together and starting 7" from top, stitch down long side and across bottom using $\frac{1}{2}$ " seam. Then fold over the top opening and stitch down
- -Stitch down casing. Position handles inside top of each side, centered and attach
- Insert cord through casing

ONGOING HOMEMAKERS PROJECTS

CANCER CAP BY SHARON ROBINSON

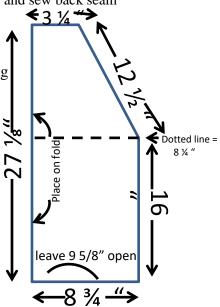
CROCHET – G Hook if you crochet loosely Ch4; sl st to form circle; ch 3 Rnd 1: 12 DC in cir; sl st to top of ch 3; ch 3 Rnd 2: 2 DC in each st; sl st to top of ch 3; ch 3 Rnd 3: *2 DC in 1st st, 1 DC in next st (Repeat from * around) sl st to top of ch 3; ch 3 Rnd 4: Repeat Round 3 Rnd 5: *2 DC in 1st st; 1 DC in each of next 6 st; (Repeat around till the end) DC in last 4 st; sl st to top of ch 3; ch 3 Rnd 6-11: 1 DC in each st; sl st to top of ch 3; ch 3 Rnd 12: Front post in 1st st; Back post in 2nd st (Repeat around to form ribbing), sl st in top of ch 3; fasten off, weave to end. **Acceptable colors**: Tans, Brown, pretty colors for women

ADULT CAP

KNIT - 4 ply knitting worsted weight yarn, size 10 needles
Cast on 76 stitches LOOSELY
K2 P2 until piece measures 6 inches
Next Row – K2 together across Nest Row – Knit across
Nest Row – K2 together
Continue in this manner until 5 stitches remain
Thread yarn through remaining stitches and sew back seam

Tuckable Napkin

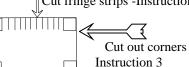
Cut out 2 of the same or coordinating fabrics, being careful to place long straight edge on the fold. Open up the pieces and lay right side to right side and stitch together leaving a 9 5/8" opening at the bottom for turning the sewn together pieces to right side. Press edges and stitch around finished edges with opened bottom shut and pressed. If you can, use prewashed fabric.



ONGOING HOMEMAKERS PROJECTS

No-Sew Fleece Throw (Lap Robe)

Cut 2 pieces of Fleece 48" x 60". Same color or coordinating fleece patterns. Place fleece layers wrong sides together. Cut 6" x 6" squares out of both pieces of fleece at each corner. (cut both layers at same time. To make fringe, cut 6" into fleece at 1 ½" intervals around all 4 sides of both layers. Knot fringe pieces together, using 1 strand from top layer & one strand from bottom. You can buy the fleece by the yard or Joann Fabric sells kits for the "No Sew Fleece Throw." Be sure to use their Coupons.



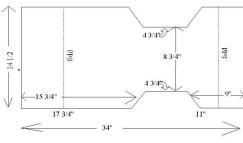
Walker Caddie

Material: Medium to heavy, reversible and washable fabrics are work best. Ex. Denims, drapery fabrics, etc. If using lightweight fabric, cut two pieces and sew together like a pillowcase.

Cutting: Half inch (1/2) seam allowance is used.

Cut 14 ¹/₂" x 34" on the crosswise or lengthwise grain of the fabric. DO NOT CUT ON BIAS. Cut an indentation as shown in diagram. (This area goes over the hand bar of the walker)

Sewing: If using a single layer of fabric, hem the ends (becomes the



edge of the pockets) or cover them with seam binding. There are two ways to complete the caddie. One; fold the pockets to the right side and bind all of the raw edges with seam tape. Two; fold pocket to wrong side, stitch only the sides of the pockets and turn the pocket to the right side (raw seam will be inside the pocket). Then bind the indentation or turn the edges in and overcast stitch. Divide the pocket sections by stitching halfway across from the bottom of the pocket to the top edge of the pocket. The sides of the pocket may need to be topstitched. The pocket could be divided into thirds if the recipients have small hands. Finish by sewing Velcro in the area at the base of the indentation. Delivering: Enjoy lighting up life of users. Tuck a small pack of Kleenex in pocket if you are personally delivering to individual.

EASY KNITTED BABY CAP

Use size 6 or 7 needles. Cast on 48 Stitches. Knit 5 Rows.

Knit 1 Row, Purl 1 Row for 4 inches. End with a Purl Row.

Knit 2 together next Row. Purl 2 together next Row.

Knit 2 together next 2 Rows, leaving 3 or 4 stitches. Using a large needle, pull yarn through last stitches. Sew seam together with yarn

BABY BLANKETS

18" x 18" - crocheted, knitted, or made with material. Must be Washable.

NOTES

CLUB

GAMBRILL PARK 4th Tuesday, 11:30 AM

GLADE VALLEY 2nd Thursday, 11:00 AM

JEFFERSON 2nd Thursday, 1:00 PM

JOHNSVILLE 3rd Monday, 1:00 PM

MID-VALLEY 1st Wednesday, 12:00 PM

PLEASANT WALK 3rd Monday, 12:00 PM

URBANA 3rd Tuesday, 10:00 AM

PRESIDENT

JEANETTE JOHNSON 7527B Old Receiver Rd Frederick, MD 21702 240-490-7438 jeanettejohnson@comcast.net

DIANE DAVIS 4755 Bark Hill Rd Union Bridge, MD 21791 240-674-0547 lazytoad87@yahoo.com

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DEVRA BOESCH 2402 Station Road Middletown, MD 21769 301-371-6410 fboesch@erols.com

KATHY AMIDON 921 Shawnee Drive Frederick, MD 21701 315-415-0481 mommom.amidon@gmail.com

LIBBY WADE 6711 Sage Court Adamstown, MD 21710 301-831-8661 **dunade@aol.com**